



## The Lotus and the Lily: Access the Wisdom of Buddha and Jesus to Nourish Your Beautiful, Abundant Life

By Janet Conner

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### The Lotus and the Lily: Access the Wisdom of Buddha and Jesus to Nourish Your Beautiful, Abundant Life By Janet Conner

From the bestselling author of *Writing Down Your Soul* comes a new book based on the teachings of Jesus and Buddha about how to create an abundant life by focusing your attention on your connection with the vibrant presence of the divine within. *The Lotus and the Lily* offers a new 30-day program for accessing your true creativity, breakthrough thinking, and divine guidance. Janet Conner continues her unique method of deep soul writing by showing readers how to exit their conscious minds, get in touch with their authentic selves, and activate the voice of wisdom within.

*The Lotus and the Lily* reveals:

- The cosmic power of the intention mandala to reveal the life you want
- Soul Slinky waves of intention and gratitude
- Awaken your inner shaman
- Discover the power of naming your past and your future
- How to experience the generative power of your own voice.

Each day includes prompts for reading, reflection, writing, exploring, and nourishing one's soul writing. Each week Janet Conner takes the reader through a program of rich exploration.

For those seeking the riches that lie beyond the popular explanation of the Law of Attraction, *The Lotus and the Lily* cracks the abundance code by linking the wisdom of the inner voice with the surprising parallel teachings of Buddha and Jesus. In a profound yet simple program, Conner sheds radical new light on the "Great Paradox of Prosperity" and redirects readers from asking for things to creating the receptive conditions that nourish a bountiful life.

Feeding the spiritual hunger for transformative living, Janet Conner teaches us how to hear the spiritual masters with fresh ears, explore the deep intelligence of our own soul, create brand new prosperity practices, and integrate those practices into our daily lives.

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### Editorial Review

#### Review

"I believe there is no important work we do than culturing our inner knowing. As a lifetime journal keeper, I have chosen Janet Conner to be my most trusted guide on my interior journey. Revealing secret paths and signposts, she illuminates our deepest and most fulfilling ways of being and becoming. Through *The Lotus and The Lily* I learned to plant the seeds of my intention for a beautiful life in the fields of my Soul. A bountiful harvest awaits all who journey within." --**Diana von Welanetz Wentworth**, founder of The Inside Edge motivational breakfast forum ([www.Edge.org](http://www.Edge.org)), and author of nine bestselling and award-winning books including two titles in the bestselling Chicken Soup for the Soul series

"In this deeply nourishing 30-day program, Janet Conner weaves a magic carpet of the combined paradoxical wisdom of Buddha and Jesus and carries us into transcendent creativity. *The Lotus and The Lily* is a joy ride!" --**Ted Wentworth**, author of *The Enlightenment Code*, and Editor-in-Chief of Enlightenment Lifestyle Magazine ([www.EnlightenmentLifestyleMagazine.com](http://www.EnlightenmentLifestyleMagazine.com))

"*The Lotus and The Lily* is simply divine. In it, Janet Conner takes us far beyond the Law of Attraction. Through her deeply transformative process, we learn to prepare ourselves for the life of our dreams. After participating in Janet's program, I experienced a shift in focus--from wants and worries--to creating the conditions for my life to flourish. This shift made all the difference." --**Laura Harvey**, editor of *Daily Word*

"The principles that Janet Conner guides the reader to discover become the essential elements of a dynamic spiritual practice. These principles transcend denomination and dogma. They are practical, universal and impacting." --**Mary Anne Radmacher**, artist and author *Live with Intention* and *Lean Forward into Your Life*

"*The Lotus and the Lily* is an invitation to experience more of everything that life has to offer. Wise, warm, and friendly, this is an essential guide to living the adventure of your soul." --**Joel Fotinos**, author of *Think and Grow Rich Every Day*

"Jesus said we could create heaven on earth. The Buddha said we could create the conditions for manifestation. Janet Conner tells us how. Her 30-day program is spiritual yet imminently practical, deeply serious yet lots of fun. This is a step-by-step guide to expressing our own divinity." --**Ellen Debenport**, author of *The Five Principles*

"Janet Conner has her priorities straight. And because she does, she's written a poetically precise guide to how we can all grow beyond 'What's in it for me?' to 'Just how do I seek first the kingdom?' Do what she says and you'll know what it means to have 'all these things' added to your very blessed life." --**Victoria Moran, HHC, AADA**, author of *Creating a Charmed Life and Main Street Vegan*

"Janet Connor has taken her readers from *Writing Down Your Soul* to fully aligning with the pure intentions of our purpose on earth. Janet's book *The Lotus and the Lily* lifts, lightens and leads the dedicated truth student to understanding true prosperity. Lasting prosperity is when the lower earth chakras are balanced and the heart chakra is open to allow the upper chakras of heaven to be revealed. The 'I AM' expression along with the gift of inner seeing leads the readers to a new way of existence--a life free of wanting and a joyful life of always having." --**Rev. Temple Hayes**, Senior Minister of Unity Campus, St Petersburg, FL and

author of *How to Speak Unity* and *The Right to Be You*

"*The Lotus and the Lily* is a healthy corrective for the ego-driven, materialistic interpretation of spirituality that is epidemic in our culture. Spirituality is not about getting your stuff. It is about developing a closer relationship with the Transcendent, however named, as Janet Conner makes clear." -**Larry Dossey, MD**, author of *Healing Words* and *The Power of Premonitions*

"Janet Conner has emerged as a vibrant and innovative spiritual teacher. In her new book, *The Lotus and the Lily*, Janet unlocks vital secrets to manifestation. She has created a process that helps people create their relationship to the divine and set the stage to receive what we desire in alignment with our highest good. She teaches a myriad of techniques, including an unusual way to use the mandala. A born teacher, Janet's fascination for spiritual connection and learning guides her to take complex spiritual principles and turn them into step-by-step practices and processes that will transform your relationship to giving and receiving. Her wisdom is vast and she will be a beacon in the field for years to come. My mandala reminds me daily of staying connected to my trusted source and keeps me centered on the importance of creating a receptive context. Janet has a key piece of the spiritual puzzle--this book will move you way ahead on your spiritual journey." -**Gail McMeekin**, author of *The 12 Secrets of Highly Successful Women* and *The 12 Secrets of Highly Creative Women*

#### About the Author

Janet Conner is a vibrant writer, speaker, and teacher who became a catalyst for deep soul change after a series of personal traumas. Her landmark book, *Writing Down Your Soul* (Conari 2009), connects readers to their "extraordinary voice within" and is consistently the #1 book in its category on Amazon.

Janet's newest book, *The Lotus and the Lily*, cracks the abundance code by linking the wisdom of the inner voice with the surprising parallel teachings of Buddha and Jesus. In a profound yet simple 30-day program, Janet sheds radical new light on the "Great Paradox of Prosperity" and guides readers to create the personal receptive conditions that nourish a bountiful life.

Janet and her work have been featured in national media including *Martha Stewart's Whole Living*, *Daily Word*, *Daily Om*, *Beliefnet.com*, and more. Janet speaks nationally at conferences, churches, book events, and retreats and teaches a series of telecourses with thousands of students worldwide. With her signature teaching of "Your Soul Wants Five Things," Janet is fast becoming a major voice for spiritual growth and understanding in our time.

#### Users Review

##### From reader reviews:

##### Charles English:

Playing with family in a park, coming to see the ocean world or hanging out with pals is thing that usually you will have done when you have spare time, subsequently why you don't try thing that really opposite from that. One activity that make you not experiencing tired but still relaxing, trilling like on roller coaster you are ride on and with addition of knowledge. Even you love *The Lotus and the Lily: Access the Wisdom of Buddha and Jesus to Nourish Your Beautiful, Abundant Life*, you can enjoy both. It is very good combination right, you still want to miss it? What kind of hangout type is it? Oh seriously its mind hangout fellas. What? Still don't get it, oh come on its identified as reading friends.

**Lynn Jones:**

Are you kind of busy person, only have 10 as well as 15 minute in your time to upgrading your mind expertise or thinking skill possibly analytical thinking? Then you are having problem with the book when compared with can satisfy your short period of time to read it because all this time you only find reserve that need more time to be go through. The Lotus and the Lily: Access the Wisdom of Buddha and Jesus to Nourish Your Beautiful, Abundant Life can be your answer because it can be read by anyone who have those short time problems.

**Donald Scott:**

In this particular era which is the greater person or who has ability to do something more are more important than other. Do you want to become considered one of it? It is just simple way to have that. What you have to do is just spending your time not much but quite enough to have a look at some books. On the list of books in the top list in your reading list is definitely The Lotus and the Lily: Access the Wisdom of Buddha and Jesus to Nourish Your Beautiful, Abundant Life. This book which is qualified as The Hungry Hills can get you closer in becoming precious person. By looking upward and review this e-book you can get many advantages.

**Beth Kelly:**

Reading a e-book make you to get more knowledge from it. You can take knowledge and information from the book. Book is published or printed or illustrated from each source in which filled update of news. On this modern era like today, many ways to get information are available for you actually. From media social similar to newspaper, magazines, science book, encyclopedia, reference book, fresh and comic. You can add your understanding by that book. Ready to spend your spare time to open your book? Or just in search of the The Lotus and the Lily: Access the Wisdom of Buddha and Jesus to Nourish Your Beautiful, Abundant Life when you necessary it?

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