



Study Guide for the National Counselor Examination and CPCE

By Andrew A. Helwig

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Study Guide for the National Counselor Examination and CPCE prepares professional counselors and graduate students in counseling for state-level licensure exams and graduate comprehensive exams. It is also used for preparation for the National Counselor Exam used for national certification to become a National Certified Counselor (NCC).

The focus of this Study Guide is the eight content areas tested on the National Counselor Exam and the CPCE (Counselor Preparation Comprehensive Examination). This Study Guide is also useful for similar exams such as those taken by school counselors applying for the school counselor certification credential in their state.

The eight content areas reviewed in this Study Guide are:

Human Growth and Development,
Social and Cultural Foundations,
Helping Relationships (Theories),
Group Work,
Career & Lifestyle Development,
Appraisal (tests and measurements),
Research and Program Evaluation,
Professional Orientation & Ethics.

The Study Guide also examines the nature of the test questions, cut-off score determination, test-taking techniques, and study strategies. It also contains a CPCE Practice Exam and a NCE Practice Exam as well as the ACA Code of Ethics.

The Study Guide is user-friendly in that all the content information is double-spaced, outline formatted with considerable use of bolding of important items.

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Editorial Review

About the Author

Andrew A. Helwig is professor emeritus at the University of Colorado Denver. He recently retired after 22 years at this university and an additional seven years at other universities. He has taught five of the eight content areas examined on the National Counselor Exam and the CPCE.

Dr. Helwig is a Licensed Professional Counselor and a National Certified Counselor. He received a master's degree in Counseling Psychology at Iowa State University and a Ph.D. in Counselor Education at the University of Wisconsin at Madison. He has conducted more than 240 workshops in 18 states for more than 4,000 counselors preparing them for the National Counselor Exam, CPCE, and similar exams.

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