

### Ka Ab Ba (Kabala): Building the Lighted Temple/Metaphysical Keys To The Tree Of Life

By Terri Nelson



Ka Ab Ba (Kabala): Building the Lighted Temple/Metaphysical Keys To The Tree Of Life By Terri Nelson

Ka Ab Ba: Building the Lighted Temple/Metaphysical Keys To The Tree Of Life, draws a circle that is inclusive of the Afrikan origin of the Ancient wisdom. It reveals the undeniable root and link of Ancient Africa to all the religious systems that would develop worldwide. This book is explosive in its power to convey the meaning of KaAbBa, from the Metu Neter (words of divine speech) language (later called Hieroglyphics, revealing Humanity's Spiritual Journey of Unfolding Consciousness. When understood, it is plain to see that the Ancient Africans of the Nile Valley Kemet/Egpyt had an enlightened and elaborate Psycho/Spiritual system for shaping the highest character and moral development, long before modern day religions and Psychoanalytic theory. The One God; the Trinity of Ausar, Auset and Heru; the transmigration of the Soul; the resurrection of the Ka-rest within (later called the Christ by the Christians) and more are all revealed in the Afrikan Spiritual system. One cannot tell the story of the Spiritual Journey of Unfolding Human Consciousness with all the necessary inclusivity required, unless they are willing to tell the truth about the Greatness of the Black Race. One minute we are Sages, the next moment we are savages. What a conundrum! Much in the literature draws a smaller circle that veils, degrades or is exclusive of the Afrikan root source and contribution. In this book the reader will find a Holistic Spiritual Practice for Self-Transformation revealing: Knowledge of the immortality of the Soul; guidance in managing the daily affairs through living life in accord with the laws of the Universe.



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#### **Editorial Review**

#### Review

With this book Dr. Terri Nelson has given us a fascinating look into the four corners of the spiritual wisdom of our African Ancestors. Ka Ab Ba Building The Lighted Temple/Metaphysical Keys To The Tree of LIfe is rich in details covering the spectrum of human consciousness. Such an eye opening work must be read by all in search of their deeper Self. Professor James Small - retired City College of New York

#### About the Author

Dr Terri Nelson PhD.E, LICSW, MSW, MSEP, Shækem RA AKE (Reiki) Master aka Nteri Renenet Elson -The Neteru revealing Harvest to the Sons and Daughters. Dr. Nteri is a Metaphysician, Teacher of the Afrikan origins of the Ancient wisdom and Clinician. She has served as adjunct Professor in Africana studies at the University of Massachusetts. She is co-founder of, The Academy of Kemetic Education & Wellness, Right Relationship Right Knowledge, Inc. where she teaches an Afrikan Centered Model for Psychological, Spiritual and Character development, which is underpinned by the History of Ancient Afrika/Kemet (Egypt) and the Diaspora as a way of Self knowledge, healing and health. Her classes on the application of the Ancient Wisdom in Modern Daily Living are helping others find solutions to life challenges. A specialty area which she brings penetrative insight to is, The Spiritual and Psychological Journey of Unfolding Consciousness of the Human family out of Afrika. Dr. Nteri is a gifted Wordsmith and Metu Neter Symbologist and has given important Keys for Dis-Spelling Illusion in her books. She is an independent researcher, a gifted Symbologist and is a student and teacher of the language, Metu Neter (later called Hieroglyphics by the Greeks). As a licensed clinician, she has worked in the Behavioral/Mental Health field for the last 30 years and her training has included both traditional and alternative approaches to healing. Her working experience includes providing service within the Department of Mental Health and three Medical Associate Practices, which includes Harvard Vanguard Medical Associates where she worked as a Clinician. She has served as Clinical Director for a youth program and worked many years providing psychotherapeutic services in the Massachusetts Correctional Institutions and in hospitals. She has also had a private practice over 25 years where she uses a variety of healing methods. She provides counseling and consultation to: individuals, couples, families, adolescents, children, groups and agencies. Co-counseling together, she and her husband, Lester Nelson, Min., specialize in marital and relationship work with couples, families and groups. Dr Terri Nelson is author of: Ka Ab Ba Building The Lighted Temple/Metaphysical Keys To The Tree Of Life; Secrets of Race and Consciousness; MerKaBa: The Great Pyramid Is The Tree Of Life: KaAbBa; The Pope, Santa Claus, Christmas, and Christ-ianity; On The Way To Finding Your Soulmate; The Right Relationship Workbook and The Forgiveness Process Workbook. She has given lectures at national and international conferences which include: the Association for the Study of Classical Afrikan Civilization (ASCAC); Indigenous Afrikan Healers; First World Alliance; Institute for the Study of Race and Culture; Melanin; Sankofa; Medew Netcher; Nile Valley; Diopian Institute for Scholarly Advancement; etc. Conferences. She is the Massachusetts Region Representative for ASCAC. Her analysis and synthesis within psychological, historical, social, behavioral and metaphysical fields gives deep and penetrative insight into the journey of unfolding consciousness within the human family.

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