



## Adopted: The Ultimate Teen Guide (It Happened to Me)

By Suzanne Buckingham Slade

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**Adopted: The Ultimate Teen Guide (It Happened to Me)** By Suzanne Buckingham Slade

The challenging teen years can be even more difficult for adopted teenagers, many of whom have unanswered questions that may result in fear, anger, and low self-esteem. These feelings may be compounded by the isolation they feel because most friends and family members cannot fully relate to their situation.

*Adopted: The Ultimate Teen Guide* enables young adults to explore their feelings as they read about the personal experiences of other adopted teens. Through these stories, adopted teens can learn how others have resolved some of their adoption issues and gain powerful insights from those who have experienced some of the same frustrations, struggles, and concerns.

This book addresses various issues such as:

- finding out you've been adopted
- fitting in
- searching for birth parents
- meeting birth parents
- international adoption
- transracial adoption
- what defines a family

This revised edition also features discussion questions at the end of each chapter that help teens and loved ones acknowledge and verbalize their concerns. With up-to-date statistics, as well as insights from experienced adoption professionals who offer practical advice, this edition of *Adopted: The Ultimate Teen Guide* is a valuable resource for adopted teens as well as their families and friends.

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### **Editorial Review**

#### Review

This revised edition of *Adopted: The Ultimate Teen Guide* is designed with the high school age student in mind who wants a broad overview of the emotional issues that the adopted teen may feel. While the teenage years are a time of great emotional and psychological change, there are many issues that may arise for the adopted teen, including questions about where they came from, why their birth parents chose adoption, the idea of meeting their birth parents, and questions about what defines 'family.' Information in this work is presented through the personal stories of teens and young adults who have lived through these experiences; most of the stories focus on adopted teenagers and the various emotions and steps they took to resolve them. Within there are stories of meetings with birth parents, fitting in to peer and family situations, finding out one's been adopted, and the realities behind international and transracial adoptions. This revised edition has added discussion questions at the end of each chapter to help teens verbalize their questions, up-to-date statistics, and first-hand advice from adoption professionals. Teens who are experiencing strong emotions surrounding their adoption and who have questions about how others have handled the questions behind locating birth parents will find this guide useful. The personal experiences shared in this book will appeal to this target audience and could be useful for students this age researching this topic. (*American Reference Books Annual*)

#### From the Publisher

The search for one's self during the challenging teen years can be even more difficult for the adopted teen who may have many unanswered questions related to the adoption; questions that provoke fear, anger, low self-esteem, and many other emotions. These feelings are compounded by the isolation that adopted teens feel because most of their friends and family members cannot fully relate to their insecurities, fears, and frustration.

*Adopted: The Ultimate Teen Guide* enables young adults to explore their feelings as they read about the personal experiences of others. Through these stories, adopted teens will realize that there are other teens who share their same struggles and concerns. They also learn how teens found ways to resolve some of their adoption issues. Furthering the usefulness of the book is a section where various adopted teens ask questions on topics such as why birthparents place their children for adoption, how to "fit in" with an adoptive family, how to find birth parents, how to prepare to meet birth parents, current laws regarding adoption and the rights of adopted teens, special issues relating to international and transracial adoptions, and the problems teens face when they are adopted by a stepparent. These questions are answered in the book by experienced adoption and legal professionals. Replete with stories, pictures, and artwork by adopted teens, this up-to-date source will benefit adopted teens so they can move on to stable and happy lives as adults.

#### About the Author

Suzanne Slade is an adoptive mother, and the author of more than 100 books for children and young adults.

### **Users Review**

#### **From reader reviews:**

#### **Sheilah Harvey:**

Book is to be different for every single grade. Book for children till adult are different content. As it is

known to us that book is very important for all of us. The book Adopted: The Ultimate Teen Guide (It Happened to Me) ended up being making you to know about other information and of course you can take more information. It doesn't matter what advantages for you. The book Adopted: The Ultimate Teen Guide (It Happened to Me) is not only giving you much more new information but also to be your friend when you experience bored. You can spend your spend time to read your e-book. Try to make relationship together with the book Adopted: The Ultimate Teen Guide (It Happened to Me). You never sense lose out for everything should you read some books.

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### **Harold Riggs:**

With this era which is the greater man or who has ability in doing something more are more important than other. Do you want to become certainly one of it? It is just simple strategy to have that. What you must do is just spending your time very little but quite enough to experience a look at some books. One of the books in the top list in your reading list is Adopted: The Ultimate Teen Guide (It Happened to Me). This book that is certainly qualified as The Hungry Hills can get you closer in getting precious person. By looking way up and review this reserve you can get many advantages.

### **June Hargrove:**

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