



Theories of Psychotherapy & Counseling: Concepts and Cases, 5th Edition

By Richard S. Sharf

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Editorial Review

Review

"Comprehensive...with interesting case examples demonstrating techniques, containing both theorists' backgrounds and evolution of theories themselves, and other topics of current intrigue in the field. It is logically organized, sophisticated, clearly written, research based, and refers students to primary source material for further examination."

"Theories of Psychotherapy and Counseling is clearly the textbook for the fin de siecle. It provides a comprehensive overview of the development of psychotherapy across the twentieth century and prepares the reader to enter the twenty-first with fresh applications that consider multicultural and gender implications for therapy."

About the Author

Richard S. Sharf has been a counseling psychologist at the Center for Counseling and Student Development at the University of Delaware for 37 years, providing counseling to university students. He also was the internship coordinator for the Psychology Doctoral Internship program. In addition, he taught graduate courses in counseling in the Department of Human Development and Family Studies. In writing THEORIES OF PSYCHOTHERAPY AND COUNSELING: CONCEPTS AND CASES, he corresponded with over 70 experts on theories of psychotherapy to ensure that the book is accurate and up to date. He is also author of APPLYING CAREER DEVELOPMENT THEORY TO COUNSELING, 6th Edition (©2014, Cengage Learning).

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