



# The Inner Voice of Love: A Journey Through Anguish to Freedom

By Henri J.M. Nouwen

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"This book is my secret journal," Nouwen writes. At first, he had no intention of sharing this personal diary of the dark and difficult months when he felt all meaning in his life was missing and all ahead seemed a dark, bottomless abyss. In spite of his inner turmoil, Nouwen recorded the descent into his heart in these 63 journal entries.

Friends persuaded him that sharing his painful soul-searching might help others who also struggle to embrace life with joy.

Throughout his life, Nouwen longed for deeper relationships with others and with God. "Do not hesitate to love and to love deeply," he urges. While your heart may break, he says, you will then have a choice—to become bitter or to stand in your pain and become fruitful with God as the spiritual guide of your life. The inner voice is a voice of *love*.

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## **The Inner Voice of Love: A Journey Through Anguish to Freedom** By Henri J.M. Nouwen **Bibliography**

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## **Editorial Review**

About the Author

**HENRI J.M. NOUWEN** was born in the Netherlands and was ordained a Catholic priest there. After coming to the United States, he taught at the University of Notre Dame and both the Yale and Harvard Divinity Schools. In 1986 he became pastor of the L'Arche Daybreak Community in Toronto. The author of numerous books on spirituality, he died at the age of 64 in September, 1996. Narrator: **MURRAY BODO, O.F.M.**, a Franciscan priest, is a poet and author and has a doctorate in literature from the University of Cincinnati. Bodo's gracious approach allows the spirit of Nouwen to lead the listener to a transforming experience.

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