

Voice and Speaking Skills For Dummies

By Judy Apps

Download now

Read Online →

Voice and Speaking Skills For Dummies By Judy Apps

Find your voice, and communicate with confidence

Ever wondered why nobody hears you in meetings, or wished people would take you more seriously? Or maybe you're unhappy with your accent, or you feel insecure about your high-pitched or monotonous voice? *Voice and Speaking Skills For Dummies* will help you to discover the power of your voice, understand how it works, and use your voice like a professional whether in meetings, addressing an audience, or standing in front of a classroom. Take a deep breath, relax those vocal cords, and make your speech sparkle!

We're not all planning to become politicians, or likely to address large audiences on a regular basis, but we all need to be able to communicate well to achieve success. Certain professions require a high level of vocal confidence, notably teachers and business leaders. As well as using body language effectively, we also rely on our voice to convey passion, exude enthusiasm, and command attention--and that's before we've considered the content of our words! A clear understanding of how your voice works, how to maximize its effectiveness, and ways to overcome voice 'gremlins' such as speaking too fast, stuttering, or sounding childish, is pivotal to enabling you to succeed, whatever the situation.

- Highlights the importance of your voice, explains how to use it effectively
- Gives you confidence in public speaking
- Helps you use your voice to make a great first impression in all aspects of your life
- Includes a CD with vocal exercises to help you communicate with confidence.

Whether you're looking to improve your speaking skills for work or personal gain--or both--*Voice and Speaking Skills For Dummies* gives you everything you need to find your voice and communicate with confidence.

Note: CD and other supplementary materials are not included as part of the e-book file, but are available for download after purchase.

 [Download Voice and Speaking Skills For Dummies ...pdf](#)

 [Read Online Voice and Speaking Skills For Dummies ...pdf](#)

Voice and Speaking Skills For Dummies

By Judy Apps

Voice and Speaking Skills For Dummies By Judy Apps

Find your voice, and communicate with confidence

Ever wondered why nobody hears you in meetings, or wished people would take you more seriously? Or maybe you're unhappy with your accent, or you feel insecure about your high-pitched or monotonous voice? *Voice and Speaking Skills For Dummies* will help you to discover the power of your voice, understand how it works, and use your voice like a professional whether in meetings, addressing an audience, or standing in front of a classroom. Take a deep breath, relax those vocal cords, and make your speech sparkle!

We're not all planning to become politicians, or likely to address large audiences on a regular basis, but we all need to be able to communicate well to achieve success. Certain professions require a high level of vocal confidence, notably teachers and business leaders. As well as using body language effectively, we also rely on our voice to convey passion, exude enthusiasm, and command attention--and that's before we've considered the content of our words! A clear understanding of how your voice works, how to maximize its effectiveness, and ways to overcome voice 'gremlins' such as speaking too fast, stuttering, or sounding childish, is pivotal to enabling you to succeed, whatever the situation.

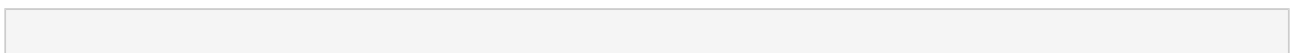
- Highlights the importance of your voice, explains how to use it effectively
- Gives you confidence in public speaking
- Helps you use your voice to make a great first impression in all aspects of your life
- Includes a CD with vocal exercises to help you communicate with confidence.

Whether you're looking to improve your speaking skills for work or personal gain--or both--*Voice and Speaking Skills For Dummies* gives you everything you need to find your voice and communicate with confidence.

Note: CD and other supplementary materials are not included as part of the e-book file, but are available for download after purchase.

Voice and Speaking Skills For Dummies By Judy Apps Bibliography

- Sales Rank: #1583365 in Books
- Brand: Brand: For Dummies
- Published on: 2012-07-30
- Original language: English
- Number of items: 1
- Dimensions: 9.30" h x .90" w x 7.40" l, 1.63 pounds
- Binding: Paperback
- 384 pages



 [Download Voice and Speaking Skills For Dummies ...pdf](#)

 [Read Online Voice and Speaking Skills For Dummies ...pdf](#)

Editorial Review

From the Back Cover

Learn to:

- Communicate successfully using the power of your voice
- Experiment with volume, speed and pitch to maximise your vocal potential
- Speak with confidence and make a great first impression

Find your voice and have them hanging on your every word

Whether you dream of commanding thousands with the power of your voice, or you'd just like to get your point across more clearly and convincingly, you've come to the right place. Not another presentation or public speaking primer, this book schools you in timeless principles that work equally well when addressing packed stadiums, in intimate gatherings and even during one-to-one conversations. Discover how to use your voice to surprise, seduce, soothe, intimidate, amuse, motivate and more. And, with the help of fun, easy voice exercises, you'll quickly master critical elements such as breathing, rhythm, modulation, pitch and pacing.

- **Breathe free** – discover how to free your voice from bad habits and 'voice gremlins' and improve your range and authenticity with breathing exercises
- **Practice makes perfect** – speak more clearly by experimenting with vowels and consonants, and playing with your pronunciation
- **Learn why timing is . . . everything** – sustain a slow authoritative pace or energise your listeners with a faster pace
- **Make it resonate** – use every great speaker's secret weapon, resonance, to get under an audience's skin and convey confidence, passion, authenticity and statesmanship

Audio CD includes:

Over 30 vocal exercises to help you make the most of your voice.

Featuring a range of exercises covering breathing techniques, the power of pitch variations, the impact of volume changes and more.

Open the book and find:

- How to overcome fear to help you speak more effectively
- Top tips for making a great first impression with your voice
- Advice for conquering stuttering, hesitation and the stop reflex
- Speaking in public for every occasion and audience
- How to use your voice effectively in different professions
- Advice on leading with your voice
- Tips for celebrating your accent and using it in interesting ways
- Ways of sounding like you mean business

About the Author

Judy Apps is a professional voice coach, an NLP (neuro-linguistic programming) Trainer and Director of Enlightened Ltd. She has more than fifteen years' experience developing creative training programmes, particularly in the areas of leadership, voice and impact. Judy has provided coaching to top companies, including Volkswagen Financial Services, GlaxoSmithKline, the Metropolitan Police and JP Morgan, as well as prestigious individuals, such as Members and executives of the European Parliament and Commission.

Users Review

From reader reviews:

Robert Carroll:

This Voice and Speaking Skills For Dummies book is simply not ordinary book, you have after that it the world is in your hands. The benefit you will get by reading this book will be information inside this book incredible fresh, you will get info which is getting deeper a person read a lot of information you will get. This Voice and Speaking Skills For Dummies without we comprehend teach the one who studying it become critical in contemplating and analyzing. Don't be worry Voice and Speaking Skills For Dummies can bring when you are and not make your bag space or bookshelves' turn into full because you can have it with your lovely laptop even cell phone. This Voice and Speaking Skills For Dummies having fine arrangement in word as well as layout, so you will not sense uninterested in reading.

Juana Rummel:

This Voice and Speaking Skills For Dummies are usually reliable for you who want to be a successful person, why. The explanation of this Voice and Speaking Skills For Dummies can be one of many great books you must have is definitely giving you more than just simple reading food but feed you with information that probably will shock your earlier knowledge. This book is actually handy, you can bring it all over the place and whenever your conditions in the e-book and printed kinds. Beside that this Voice and Speaking Skills For Dummies giving you an enormous of experience for instance rich vocabulary, giving you demo of critical thinking that we understand it useful in your day activity. So , let's have it and enjoy reading.

John Bonilla:

Spent a free a chance to be fun activity to perform! A lot of people spent their sparetime with their family, or their very own friends. Usually they doing activity like watching television, planning to beach, or picnic within the park. They actually doing same every week. Do you feel it? Do you want to something different to fill your own free time/ holiday? Could possibly be reading a book could be option to fill your free time/ holiday. The first thing you ask may be what kinds of guide that you should read. If you want to attempt look for book, may be the e-book untitled Voice and Speaking Skills For Dummies can be good book to read. May be it might be best activity to you.

Preston Garza:

Your reading sixth sense will not betray anyone, why because this Voice and Speaking Skills For Dummies

book written by well-known writer whose to say well how to make book that may be understand by anyone who else read the book. Written with good manner for you, still dripping wet every ideas and writing skill only for eliminate your hunger then you still hesitation Voice and Speaking Skills For Dummies as good book not just by the cover but also by the content. This is one book that can break don't assess book by its protect, so do you still needing one more sixth sense to pick that!? Oh come on your looking at sixth sense already alerted you so why you have to listening to an additional sixth sense.

**Download and Read Online Voice and Speaking Skills For Dummies
By Judy Apps #2BC73YD8R1A**

Read Voice and Speaking Skills For Dummies By Judy Apps for online ebook

Voice and Speaking Skills For Dummies By Judy Apps Free PDF d0wnl0ad, audio books, books to read, good books to read, cheap books, good books, online books, books online, book reviews epub, read books online, books to read online, online library, greatbooks to read, PDF best books to read, top books to read Voice and Speaking Skills For Dummies By Judy Apps books to read online.

Online Voice and Speaking Skills For Dummies By Judy Apps ebook PDF download

Voice and Speaking Skills For Dummies By Judy Apps Doc

Voice and Speaking Skills For Dummies By Judy Apps Mobipocket

Voice and Speaking Skills For Dummies By Judy Apps EPub

2BC73YD8R1A: Voice and Speaking Skills For Dummies By Judy Apps