



A Lasting Promise: The Christian Guide to Fighting for Your Marriage

By Scott M. Stanley, Daniel Trathen, Savanna McCain, B. Milton Bryan

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The revised edition of the bestselling Christian guide to a happy marriage

For more than fifteen years, Scott Stanley's *A Lasting Promise* has offered solutions to common problems—facing conflicts, problem solving, improving communication, and dealing with core issues—within a Christian framework. Thoroughly revised and updated, this new edition is filled with sacred teachings of scripture, the latest research on marriage, and clear examples from the lives of couples. The book's strategies are designed to help couples improve communication, understand commitment, bring more fun into their relationship, and enhance their sex lives.

- Lead author Scott Stanley is co-director of the Center for Marital and Family Studies at the University of Denver and coauthor of *Fighting for Your Marriage*, which has sold more than a million copies.
- Offers reflections on how to enhance anyone's marriage over the long term and avoid divorce
- Covers recent cultural shifts, such as dealing with the endless technological distraction and issues with social networking
- New themes include the chemistry of love, the life-long implications of having bodies, and how to support one another emotionally
- Uses illustrative examples from couples' lives and rich integration of insights from scripture

This important book offers an invaluable resource for all couples who want to honor and preserve the holy sacrament of their union.

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