

# The Unofficial Guide to Medical Research, Audit and Teaching (Unofficial Guides to Medicine)

By Zeshan Qureshi, Ceen-Ming Tang, Colin Fischbacher



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The Unofficial Guide to Medical Research, Audit and Teaching will teach you the skills expected of students and today's graduates beyond just clinical medicine. It contains convenient checklists for critical appraisal which may be used as a day-to-day reference by professionals, as well as suggestions for audits, and tips for teaching effectively. This book covers all the non-clinical competencies that will make you an excellent doctor, and highly competitive on the job market.



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## **Editorial Review**

#### Review

Just passing finals is not enough. In a competitive job market and with little or no formal teaching, we are expected to do research, audit, and teach effectively. This comprehensive book is the perfect solution to this overwhelming situation. Written in simple English, this book covers everything from choosing the right project to presenting and publishing. With handy checklists for critical appraisal and other top tips for teaching, this book is a must read for all medical students and junior doctors! (Eric Ho, Final Year Medical Student, University of Liverpool)

The Unofficial Guide to Medical Research, Audit, and Teaching is a wonderful and down to earth book. It has dealt with the topic of medical research and publication in a most practical and step wise manner. I am sure, it will act as a light house and illuminate the path for so many young medical professionals who have started their career, and are full of motivation and ideas but are clueless. I will recommend this book to my undergraduate as well as post graduate students. (Alok Sinha, Assistant Professor in Medicine, Manipal College of Medical Sciences, Nepal)

During medical school and the early years of postgraduate training, the emphasis is necessarily on preparing new doctors to undertake clinical practice safely and effectively. Increasingly there will be some exposure to teaching and research, but generally not enough for individuals to develop broad experience and expertise in these areas. This book is unique in seeking to introduce such medical students and junior doctors to all the other important aspects of a clinical academic career. This is no easy task, as the topics covered are complex and diverse, so the authors have had to be necessarily selective and brief. The editors and authors of this book have, however, successfully managed to synthesize these diverse topics into bite-sized chunks, within a single coherent and very accessible textbook. For those who want to pursue a clinical academic career, this book will be a great starting point for further study and training. For everyone else, this book will provide a range of concepts, tools and approaches which we hope you will find to be valuable in whatever specialty or area of medicine you choose to pursue. (Michael Ross BSc MBChB DRCOG MRCGP EdD, Senior Clinical Lecturer, Centre for Medical Education, University of Edinburgh)

The Unofficial Guide to Medical Research, Audit and Teaching is an excellent introduction for undergraduates. As with all the books in this series, it is extremely user-friendly, clarifying complex concepts and providing helpful guidance. Whether you are looking for advice on how to approach a potential supervisor, undertake a literature search, initiate a quality improvement project or plan a teaching session, you'll find great suggestions here. And if you've never fully understood the difference between sensitivity and specificity or you are still scratching your head about when case control studies are used, this is the book for you. (Bob Clarke, associate dean, Professional Development, Associate Dean, Professional Development, London Director, Ask Doctor Clarke Ltd.)

Whilst students are often in want of a mentor, the basics of how to approach research opportunities and how to use them are often unclear. This book sets forth to answer the key questions those starting on an academic path may have, and is written in an easy-to-follow, accurate, and thorough way from start to end. It is, most of all, tremendously practical and useful, for example giving excellent tips and examples of how to approach supervisors, what to discuss in the initial meeting, and ways to find funding options. This book is very highly recommended to all medical students and doctors whether they are doing or supervising teaching, audits, or clinical research. (John Park, Editor-in-Chief, Res Medica, Journal of the Royal Society of Medicine)

The books strengths are that it tackles three subjects with an abundance of published material in a succinct, informative and practical way. It is well written and well illustrated with good use of focused tables, checklists, boxes and 'top tip' take home messages. Its main strengths over and above all that is the fact that chapters can be read for specific purposes without the need to read the whole book....This is a very useful and well written book. (BMA Medical Book Awards 2015)

#### About the Author

**Zeshan Qureshi** is a Pediatrician based at Great Ormond Street and the Institute of Child Health. He graduated with distinction from the university of Southampton, and has published and presented research work extensively and internationally in the fields of pharmacology and medical education. Whilst working in Edinburgh he was part of the leadership team developing a near peer teaching programme, where by junior doctors, throughout south east Scotland, were both trained to teach, and delivered teaching across every hospital in the area. This book is an extension of this philosophy: that junior doctors and fresh graduates know how to express complex ideas in order for it to be easily understood from a student's perspective. That junior doctors can teach, and write in a complimentary way to senior doctors: one that is friendly and fun, easy to read and relevant to both exams, and the day to day to life of junior doctors.

**Ceen-Ming Tang** is a final year medical student at the University of Oxford. She graduated with an Honours BA (1st class), winning the Gibbs Prize in Medical Sciences and Wronker Prize in Pharmacology. She has presented her research internationally at Gordon Conferences, and published extensively in the fields of drug discovery and gastroenterology.

Colin Fischbacher (MBChB MSc FFPH FRCP) qualified in medicine from Edinburgh University in 1979 and trained in general medicine and general practice in Glasgow. He gained an MSc in public health from the London School of Hygiene and Tropical Medicine in 1993 and spent 10 years working in public health in East Africa. Since 2004 he has been a consultant in public health medicine at the Information Services Division of NHS National Services Scotland. He is an honorary senior lecturer at the Universities of Edinburgh and London, and teaches epidemiology on MSc courses in Edinburgh, Glasgow and London. He helps to run the annual Crash Course in epidemiology at the University of Edinburgh.

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## **Kaye Reynolds:**

The Unofficial Guide to Medical Research, Audit and Teaching (Unofficial Guides to Medicine) can be one of your nice books that are good idea. We recommend that straight away because this reserve has good vocabulary that will increase your knowledge in vocab, easy to understand, bit entertaining but delivering the information. The author giving his/her effort to put every word into joy arrangement in writing The Unofficial Guide to Medical Research, Audit and Teaching (Unofficial Guides to Medicine) nevertheless doesn't forget the main point, giving the reader the hottest and based confirm resource data that maybe you can be considered one of it. This great information can certainly drawn you into brand-new stage of crucial pondering.

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