



Functional Documentation: A Process for the Physical Therapist

By Marcia Hornbrook Stamer, Judith C. Bierman

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Documentation of the treatment process is an important part of any therapeutic regimen. As a record of client care, it provides useful information for the practitioner, other members of the health-care team, and third-party payers. Marcia Stamer has produced a valuable guide to documentation for physical therapists. She describes the S.O.A.P. method of documentation, widely used by doctors and insurance companies. In addition, she demonstrates that dividing notes into Subjective, Objective, Assessment, and Plan areas illuminates the client's strengths, problems, and goals, making treatment decisions clearer. Stamer demonstrates that this method can make documentation an effective foundation for treatment.

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Editorial Review

About the Author

Marcia H. Stamer has a private practice for pediatric physical therapy. Her past experience includes service as director of clinical services and director of physical therapy services at Neuro-Developmental Treatment Programs, Inc., in Augusta, Georgia, and as staff physical therapist at Timken Mercy Medical Center in Canton, Ohio. She graduated from Ohio State University with a Bachelor of Science degree in physical therapy. In addition to her practice, she teaches extensively throughout the United States, and has given many classes in NDT, treatment of children, and treatment of clients with cerebral palsy. Her affiliations include membership in the American Physical Therapy Association (APTA) and its pediatric Section, the American Academy of Cerebral Palsy and Developmental Medicine, the Spina Bifida Association, and the Neuro-Developmental Treatment Association (NDTA). She also is the author of *Posture and Movement of the Child With Cerebral Palsy*.

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