Dry-Fire Training: For the Practical Pistol Shooter

By Ben Stoeger

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"Dry-Fire Training - For the Practical Pistol Shooter" is an at home training manual designed to complement the live-fire manual "Skills and Drills." This manual gives you a comprehensive set of drills to take your skills to the next level. The drills and associated goal times are tailored for people looking to be pushed to get better. This book has extensive drill commentary, where specific information on the focal points and goals of each individual drill are explained in detail. There is enough information here so you have the ability to act as your own coach. This book is self-contained, but it works best if you are using it in conjunction with "Skills and Drills" or have already taken a class with Ben. This book contains: -A brand new set of "Learning Drills" designed to get your gun handling up to speed -A set of field course focused drills - Extensive drill commentary -Tips on danger areas to watch out for -and much more!

Dry-Fire Training: For the Practical Pistol Shooter By Ben Stoeger Bibliography

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