



The Brain Injury Workbook: Exercises for Cognitive Rehabilitation (Speechmark Practical Therapy Manual)

By Trevor Powell

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Evolved from working with head injured groups at Headway and those attempting to return to work, this is a rich, comprehensive and photocopiable workbook for professionals, carers and clients. It contains over 140 cognitive rehabilitation exercises - tailored for memory, thinking skills, executive functions, awareness and insight, and emotional adjustment. It provides more than 40 information sheets on key problem areas, with questions for the reader, designed to educate and stimulate thinking and discussion. It is suitable for both individuals and groups. It includes questionnaires for clients to complete with or without help and quizzes to evaluate and encourage information retention. Primarily for professionals where exercises or handout sheets can be photocopied and used therapeutically, The Brain Injury Workbook can also be used by carers or family members to provide stimulating activities for a head-injured person. In addition, the head-injured person themselves can work through the book on their own.

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Editorial Review

Review

"Excellent for moderate to high level clients, and in particular very good for those trying to return to work or responsibilities. Applicable to moderate/high level strokes as well as traumatic head injury." Pat Brindley, Speech Language Therapist "The information sheets referring to specific impairments are very helpful...final sections on insight and adjustment provide useful ideas" Clare Bailey Senior SLT, Community Neurological Rehabilitation Team, City and Hackney Teaching PCT, Bulletin "A comprehensive, clearly written and valuable book" Mary Henretty, SLP, South Glasgow University Hospitals Trust, NHS Speech & Language Therapy in Practice

About the Author

Dr Trevor Powell is a consultant clinical psychologist who has worked in the field of brain injury rehabilitation and adult mental health for the past 20 years. Other titles by Dr Powell include The Mental Health Handbook and Head Injury: A Practical Guide.

Users Review

From reader reviews:

Margaret Williams:

Spent a free time to be fun activity to perform! A lot of people spent their down time with their family, or their friends. Usually they carrying out activity like watching television, going to beach, or picnic from the park. They actually doing ditto every week. Do you feel it? Will you something different to fill your own personal free time/ holiday? Could be reading a book may be option to fill your no cost time/ holiday. The first thing that you will ask may be what kinds of guide that you should read. If you want to try look for book, may be the e-book untitled The Brain Injury Workbook: Exercises for Cognitive Rehabilitation (Speechmark Practical Therapy Manual) can be good book to read. May be it may be best activity to you.

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