



## Textbook of Nutritional Medicine

By Melvyn R. Werbach, Jeffrey Moss

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The first textbook in a rapidly evolving field, Textbook of Nutritional medicine provides discussions of dietary and nutritional treatments for 82 illnesses based on a comprehensive review of the world's literature. It also features unique Nutritional Treatment Guides that rate and summarize each nutritional treatment discussed in the text, including dosages, trial periods, etc.

In addition, numerous case reports illustrate the application of the treatments that are discussed.

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### Editorial Review

#### Review

"A highly recommended addition to the library of any serious practitioner or researcher of nutritional medicine." -- *Alternative Medicine Review (USA)*

"EDITORS' CHOICE: This book will undoubtedly move the concept of nutritional medicine into the realm of respectability." -- *Nutrition Science News (USA)*

"Satisfies the need for information among beginning practitioners [and] advanced orthomolecular physicians and therapists." -- *De Orthomoleculaire Koerier (Netherlands)*

"Whether a physician or a consumer with an interest in dietary supplements, this should serve as a standard reference book." -- *The Nutrition Reporter (USA)*

"[This book] is, in this reviewer's opinion, a mandatory work for physicians newly aspiring to nutrient-based medicine." -- *Journal of Advancement in Medicine (USA)*

#### From the Publisher

This unique book on the treatment of illness with diet and supplements is based on the extensive knowledge of the scientific literature which made the Werbach Sourcebooks of Clinical Research internationally famous.

#### From the Author

My goal in writing the Textbook of Nutritional Medicine was to develop a easily readable, but science-based, textbook that provided guidance in applying the principles of nutritional medicine to the treatment of a large number of disorders. A great deal of time was spent reviewing the extensive literature in order to rate the quality of the evidence for (and against) each treatment, so that the reader could rapidly compare the various treatment alternatives.

### Users Review

#### From reader reviews:

##### Lonnie Bowers:

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**Michael Battle:**

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**Melissa Jackson:**

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