



Blessed Are the Crazy: Breaking the Silence about Mental Illness, Family and Church (The Young Clergy Women Project)

By Sarah Griffith Lund

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When do you learn that normal doesn't include lots of yelling, lots of sleep, lots of beating? In *Blessed Are the Crazy: Breaking the Silence about Mental Illness, Family, and Church*, Sarah Griffith Lund looks back at her father's battle with bipolar disorder, and the helpless sense of déjà vu as her brother and cousin endure mental illness, as well. She seeks answers in her faith communities, from feeling pain in God's presence, through seeing the Holy Spirit on Death Row as she witnesses her cousin's execution.

With a small group study guide and Ten Steps for Developing a Mental Health Ministry in Your Congregation, *Blessed Are the Crazy* is more than memoir it s a resource for churches and other faith-based groups to provide healing and comfort. As Sarah writes, "This testimony is for anybody who has ever wondered how God can use craziness to teach us about the depths of human and divine love.

Part of The Young Clergy Women Project.

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Editorial Review

Review

A brave and beautiful memoir, told with compassion and tenderness, that will open up conversations about some of the most neglected, shadowy corners in our human experience. Sarah Griffith Lund has given the church a gift: the chance to walk, as Jesus did, in the company of those who bear the blessings and marks of a crazy cross. --Anna Carter Florence, Columbia Theological Seminary

Sarah Lund offers a beautiful and brutally honest account of mental illness in her family and its impact on her ministry. There is neither romanticism nor hopelessness in these pages. Rather she shares a story that is both introspective and prophetic, and invites us all to share in this lifelong struggle between shadow and light. --Stacy Smith, editor, Church Health Reader; co-author, *Bless Her Heart: Life As a Young Clergy Woman*

Sarah's book is a detailed, personal story-telling of the impact that the mental illnesses in her family has had on her life. As she wrestles with her experiences, she affirms that to tell the true story is to heal. Her faith comes alive in the telling and we, as readers, can find hope in her words. --The Rev. Alan Johnson, United Church of Christ Mental Health Network and the Interfaith Network on Mental Illness

About the Author

Sarah Griffith Lund is passionate about loving her family, God, and being part of faith communities. She is an ordained minister and has served as pastor to churches in Brooklyn, NY, Minneapolis, MN, and New Smyrna Beach, FL. She holds degrees from Trinity University, Princeton Theological Seminary, Rutgers University, and McCormick Theological Seminary. She currently serves as a Vice President for Christian Theological Seminary in Indianapolis, IN. Sarah received The Bob and Joyce Dell Award for Mental Health Education from the United Church of Christ Mental Health Network in 2015 for "her outstanding authorship and leadership in breaking the silence about mental illness in family and on church and offering healing and hope." She blogs at sarahgriffithlund.com and at huffingtonpost.com.

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Information is provisions for folks to get better life, information currently can get by anyone on everywhere. The information can be a information or any news even a huge concern. What people must be consider when those information which is inside the former life are hard to be find than now is taking seriously which one is suitable to believe or which one the resource are convinced. If you get the unstable resource then you have it as your main information there will be huge disadvantage for you. All of those possibilities will not happen in you if you take Blessed Are the Crazy: Breaking the Silence about Mental Illness, Family and Church (The Young Clergy Women Project) as the daily resource information.

Fredrick Alfred:

This book untitled Blessed Are the Crazy: Breaking the Silence about Mental Illness, Family and Church (The Young Clergy Women Project) to be one of several books that best seller in this year, that is because when you read this guide you can get a lot of benefit in it. You will easily to buy this kind of book in the book store or you can order it by means of online. The publisher in this book sells the e-book too. It makes you more easily to read this book, since you can read this book in your Touch screen phone. So there is no reason to your account to past this reserve from your list.

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Spent a free time and energy to be fun activity to do! A lot of people spent their down time with their family, or their very own friends. Usually they doing activity like watching television, planning to beach, or picnic inside the park. They actually doing ditto every week. Do you feel it? Will you something different to fill your own personal free time/ holiday? Can be reading a book is usually option to fill your free time/ holiday. The first thing you ask may be what kinds of e-book that you should read. If you want to consider look for book, may be the e-book untitled Blessed Are the Crazy: Breaking the Silence about Mental Illness, Family and Church (The Young Clergy Women Project) can be great book to read. May be it can be best activity to you.

Ryan Fox:

A lot of people always spent their particular free time to vacation or perhaps go to the outside with them family members or their friend. Do you know? Many a lot of people spent they will free time just watching TV, or perhaps playing video games all day long. If you need to try to find a new activity that's look different you can read any book. It is really fun for yourself. If you enjoy the book that you just read you can spent the entire day to reading a guide. The book Blessed Are the Crazy: Breaking the Silence about Mental Illness, Family and Church (The Young Clergy Women Project) it is rather good to read. There are a lot of people who recommended this book. These people were enjoying reading this book. In case you did not have enough space to create this book you can buy often the e-book. You can m0ore very easily to read this book from the smart phone. The price is not too expensive but this book has high quality.

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