

The Miracle of Morning Pages: Everything You Always Wanted to Know About the Most Important Artist's Way Tool: A Special from Tarcher/Penguin

By Julia Cameron



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In this invaluable companion to Julia Cameron's seminal work on the creative process, *The Artist's Way*, she provides answers to the most frequently asked questions about her most powerful tool for unblocking creative stores: Morning Pages. According to Cameron, keeping a Morning Pages Journal is essential to cultivating creativity and personal growth. These pages of longhand, stream-of-consciousness writing will provoke, clarify, comfort, cajole, prioritize, and synchronize the day at hand. *The Miracle of the Morning Pages Journal* clarifies and expands upon the ins and outs of the art of keeping a Morning Pages Journal.

Also included in this e-special is an excerpt from *The Artist's Way for Parents*, the most highly requested addition to Julia Cameron's canon of work



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