



Unstoppable: 45 Powerful Stories of Perseverance and Triumph from People Just Like You

By Cynthia Kersey

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Do you crave more out of life, but are unsure about how to get it? Do you secretly fear you don't have what it takes to achieve your true heart's desire? Or if you think you do, is everyone telling you to forget about it and be realistic?

Unstoppable is the first step to creating the life you've always wanted to live. This ultimate personal motivator introduces you to 45 people from all walks of life who will not only inspire you but show you how to overcome any obstacle between you and your goals. These current, real-life role models will show you possibilities for your life and give you the courage and inspiration to triumph!

Along with its heartwarming and inspiring stories, Unstoppable gives you a seven-step action plan that features the tools you'll need to create the life you deserve.

You'll learn:

- How to discover your own unique calling and purpose in life
- The biggest lies that may be stopping you from getting what you want
- The best strategies for turning self-doubt into unstoppable self-confidence
- Seven proven steps to becoming unstoppable in every area of life

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- Sales Rank: #217391 in Books
- Color: White
- Brand: Sourcebooks
- Published on: 1998-06-01
- Released on: 1998-06-01
- Original language: English
- Number of items: 1
- Dimensions: 9.00" h x .74" w x 6.00" l, .98 pounds
- Binding: Paperback
- 336 pages

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Editorial Review

About the Author

Cynthia Kersey touches thousands of people's hearts nationally by delivering keynote presentations on how to identify and get what you really want in life. She has fourteen years experience in sales and marketing, including selling a multi-million dollar account for a Fortune 500 company. She has helped launch a number of successful entrepreneurial companies and is an active volunteer for Habitat for Humanity and the Boys & Girls Clubs of America.

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from the Introduction

Benefits of an Unstoppable Spirit

Progress is not the only benefit of the unstoppable spirit. People's dreams have come true, communities have united and individuals have been inspired to try one more time.

From the greatest global achievement to the most personal accomplishment in our daily lives, the unstoppable spirit is the driving force for positive change and growth. This spirit is the force that breaks through countless personal barriers--barriers of self-doubt, negativity, and our own perceived limitations. It compels us to persist in striving toward our goals.

But how does one develop an unstoppable spirit? Is it only for those with superhuman abilities? Must one be born with a special gift? This book was born out of my own search for the answers to those questions. After reviewing and thoroughly researching the stories of hundreds of candidates for Unstoppable, I found the answer to be a resounding No. These individuals are not "superheroes." Most of them are just like you and me, experiencing their share of disappointments and frustrations. However, even in those moments, these people exhibit a few distinguishing characteristics that separate them from all others. These characteristics enable them to keep going when others would throw in the towel.

Seven Characteristics of Unstoppable People

Seven characteristics surfaced over and over. Unstoppable people:

1. Devote themselves to their true purpose
2. Follow their heart's passion
3. Believe in themselves and their ideas
4. Prepare for challenges
5. Ask for help and build a support team
6. Seek creative solutions
7. Persevere, no matter what the challenges

Fortunately, anyone who has the will to do so can develop these characteristics. To assist you in that process, this book devotes an entire chapter to each trait. The chapters are clearly illustrated with short profiles of people who have exhibited that characteristic. Most of the people in this book possess more than one of these attributes; however, I have placed each story in the chapter where it best demonstrates a specific characteristic.

In addition to the profiles of unstoppable individuals, each chapter includes a special feature called "In Their Own Words," an assortment of quotes, little-known facts, poems, and cartoons that support each chapter's

theme. In various formats, you will meet dozens of individuals who transformed their dreams into reality. Each one has a different story to tell, and yet each experienced unstoppable results....

Creating the Unstoppable You!

At the end of each chapter, you will find "Your Personal Action Plan" with exercises and a step-by-step guide that will enable you to further develop each characteristic in your own life.

Maybe your goal is not to end world hunger, run a multibillion-dollar company, or make the cover of Time. Maybe your aspirations and desires focus on starting a new business, making a career change or doing volunteer work in your community. Perhaps you've been wanting to run for a school board position, complete a 5K race or pursue the passion for music that you abandoned for more practical pursuits. The size of the goal is not what constitutes an unstoppable spirit. It is personified in anyone who identifies a goal-- something that really matters to that person--and refuses to give up until that goal is achieved.

Users Review

From reader reviews:

Florence Adams:

Now a day folks who Living in the era exactly where everything reachable by interact with the internet and the resources in it can be true or not call for people to be aware of each details they get. How a lot more to be smart in having any information nowadays? Of course the reply is reading a book. Examining a book can help folks out of this uncertainty Information specifically this Unstoppable: 45 Powerful Stories of Perseverance and Triumph from People Just Like You book as this book offers you rich info and knowledge. Of course the info in this book hundred per cent guarantees there is no doubt in it you may already know.

Robert Rochester:

The feeling that you get from Unstoppable: 45 Powerful Stories of Perseverance and Triumph from People Just Like You could be the more deep you searching the information that hide inside words the more you get enthusiastic about reading it. It doesn't mean that this book is hard to understand but Unstoppable: 45 Powerful Stories of Perseverance and Triumph from People Just Like You giving you excitement feeling of reading. The writer conveys their point in specific way that can be understood by simply anyone who read the item because the author of this book is well-known enough. This book also makes your current vocabulary increase well. Making it easy to understand then can go together with you, both in printed or e-book style are available. We advise you for having this specific Unstoppable: 45 Powerful Stories of Perseverance and Triumph from People Just Like You instantly.

Alberto Alvarez:

This Unstoppable: 45 Powerful Stories of Perseverance and Triumph from People Just Like You is great book for you because the content which is full of information for you who all always deal with world and also have to make decision every minute. That book reveal it data accurately using great organize word or we can state no rambling sentences inside. So if you are read the idea hurriedly you can have whole facts in it. Doesn't mean it only provides you with straight forward sentences but hard core information with beautiful delivering sentences. Having Unstoppable: 45 Powerful Stories of Perseverance and Triumph from People

Just Like You in your hand like having the world in your arm, information in it is not ridiculous a single. We can say that no publication that offer you world in ten or fifteen small right but this book already do that. So , this can be good reading book. Hey there Mr. and Mrs. active do you still doubt this?

Michael Gage:

The book untitled Unstoppable: 45 Powerful Stories of Perseverance and Triumph from People Just Like You contain a lot of information on the item. The writer explains your ex idea with easy way. The language is very simple to implement all the people, so do not worry, you can easy to read it. The book was published by famous author. The author will bring you in the new age of literary works. You can actually read this book because you can read more your smart phone, or program, so you can read the book within anywhere and anytime. If you want to buy the e-book, you can wide open their official web-site and also order it. Have a nice go through.

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