



## Mastering Eskrima Disarms

By Mark V. Wiley

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In this comprehensive book you will learn the disarming techniques of over 30 different styles of Eskrima, Kali, Arnis and Kabarosan, including their essential principles, supporting structures, ranges and modes of engagement, positional gates, footwork methods, joint control strategies and grip release concepts. This masterful text contains 250 pages, 950 photographs, 140 techniques, 35 styles, and 70 legends and masters of Filipino martial arts. Don't miss your chance to see the art as performed by its legends.

Some of the styles featured include: Arnis Lanada | Arnis Tendencia | Babao Arnis | Bakbakan Kali | Balintawak Escrima | Biñas Dynamic Arnis | Black Eagle Arnis Eskrima | D'Katipunan Arnis | DeCuerdas-Diestro Eskrima | Dekiti Tirsia Siradas Arnis | Del Mar Kali-Escrima | Derobio Escrima | Doce Pares Multi Style Eskrima | Eskabo Daan | Estalilla Kabarosan Eskrima | Garimot Arnis | Inayan Eskrima | Inosanto Kali | Integrated Eskrima | Kalis Ilustrisimo | Lameco Eskrima | Lapu-Lapu Arnis | Latosa Escrima | Lightning Scientific Arnis | Modern Arnis | Moro-Moro Orabes Heneral | Pambuan Arnis | Rapid Arnis | San Miguel Eskrima | Sayas-Lastra Arnis | Sayoc Kali | Serrada Escrima | Siete Palo Arnis | Vee Arnis Jitsu | and more...

Some of the featured masters include... Alejandro Abrian | Rogelio Alberto | Dan Anderson | Issing Atillo | Narrie Babao | Abondio Baet | Ron Balicki | Michael Bates | Herminio Binas | Robert Castro | Anthony Davis | Mike Del Mar | Tony Diego | Ramiro Estalilla | Bram Frank | Rey Galang | Art Gonzalez | Antonio Ilustrisimo | Jason Inay | Diana Lee Inosanto | Porferio Lanada | Eddie Lastra | Rene Latosa | Dan Medina | Carlos Navarro | Pat O'Malley | Isidrio Pambuan | Ely Pasco | Remy Presas | Ramon Rubia | Ron Saturno | Edgar Sulite | Sam Tendencia | Darren Tibon | Jerson Tortal | Jose Vinas | Florendo Visitacion | And Many More...

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### Editorial Review

#### Review

“Mark V. Wiley has a deep understanding of Eskrima. One really must be at a certain level themselves in order to fully appreciate it!” – Martial Arts Illustrated

“Martial arts grandmaster, doctor of Oriental medicine, author and publisher, Mark V. Wiley is in a class of his own.” – Masters Magazine

“We highly recommend that anyone who is serious about Filipino martial arts read Master Mark Wiley’s works and keep them at hand.” – British Council of Kali Eskrima Arnis Instructors

“Thank you so very much GM Dr. Mark V. Wiley, for once again producing an essential and revolutionary book of knowledge. – World Serrada Escrima Federation

### Users Review

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##### Patricia Smith:

Spent a free time and energy to be fun activity to accomplish! A lot of people spent their free time with their family, or their very own friends. Usually they accomplishing activity like watching television, going to beach, or picnic inside the park. They actually doing same task every week. Do you feel it? Do you want to something different to fill your free time/ holiday? Could be reading a book is usually option to fill your free time/ holiday. The first thing that you'll ask may be what kinds of guide that you should read. If you want to consider look for book, may be the book untitled Mastering Eskrima Disarms can be great book to read. May be it may be best activity to you.

##### Dennis Ramirez:

The particular book Mastering Eskrima Disarms has a lot info on it. So when you read this book you can get a lot of gain. The book was published by the very famous author. This articles author makes some research ahead of write this book. This kind of book very easy to read you may get the point easily after scanning this book.

##### Matthew Fry:

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**Jane Pelley:**

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