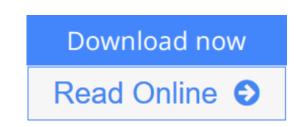


## Don't Toss My Memories in the Trash-A Stepby-Step Guide to Helping Seniors Downsize, Organize, and Move

By Vickie Dellaquila



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Vickie Dellaquila draws on her experience as a professional organizer and senior move manager to share her most valuable tips on downsizing and moving. Here is a book that will help you downsize, organize, and move in an organized, efficient, and caring manner. With her background in healthcare and social services, Vickie brings expertise and warmth to helping seniors face the physical and emotional aspects of moving to a new home. Whether you are a senior embarking on this new chapter of your life or are helping family members or friends downsize and move, this book is your roadmap.

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#### **Editorial Review**

#### Review

Vickies compassionate approach and insight into the moving and downsizing process gives you the necessary tools to ensure a smooth and satisfying move experience. --Barry J. Izsak, President, National Association of Professional Organizers

This will help you understand that it is not just about stuff, it is also about the memories, emotions, and life stages that stuff represents. --Peg Guild, President of the National Association of Senior Move Managers

A book that guarantees a happy ending! With a heart for seniors and wisdom that can only come from experience, Vickie will expertly guide you down the road to a successful move. --Donna Smallin, Author, The One-Minute Organizer Plain & Simple

#### About the Author

Vickie Dellaquila is a professional organizer and senior move manager, and president of Organization Rules, Inc., based in Pittsburgh, Pennsylvania. Through her business she has helped many clients de-clutter, organize, and simplify their lives. She uses her background in nursing and social services to help seniors downsize and relocate. Her expertise enables her to answer questions like: I have lived in a five-bedroom, two-story home for the past 47 years and need to downsize and move. How do I start? Vickie is a member of the National Association of Professional Organizers (NAPO) and a founding member of NAPO Pittsburgh. She is a current board member and marketing director for NAPO Pittsburgh, and a member of both the National Association of Senior Move Managers (NASMM) and the National Study Group on Chronic Disorganization (NSGCD). For more information please visit: www.OrganizationRules.com

#### **Users Review**

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#### Mike Yerkes:

Now a day individuals who Living in the era everywhere everything reachable by connect to the internet and the resources in it can be true or not demand people to be aware of each information they get. How people have to be smart in acquiring any information nowadays? Of course the answer is reading a book. Looking at a book can help folks out of this uncertainty Information especially this Don't Toss My Memories in the Trash-A Step-by-Step Guide to Helping Seniors Downsize, Organize, and Move book as this book offers you rich data and knowledge. Of course the knowledge in this book hundred percent guarantees there is no doubt in it you know.

#### Wayne Martin:

Reading can called imagination hangout, why? Because while you are reading a book mainly book entitled Don't Toss My Memories in the Trash-A Step-by-Step Guide to Helping Seniors Downsize, Organize, and Move the mind will drift away trough every dimension, wandering in every single aspect that maybe not known for but surely might be your mind friends. Imaging each and every word written in a publication then become one type conclusion and explanation this maybe you never get previous to. The Don't Toss My Memories in the Trash-A Step-by-Step Guide to Helping Seniors Downsize, Organize, and Move giving you a different experience more than blown away your thoughts but also giving you useful info for your better life in this particular era. So now let us show you the relaxing pattern here is your body and mind will probably be pleased when you are finished looking at it, like winning a game. Do you want to try this extraordinary wasting spare time activity?

#### **Tia Sargent:**

This Don't Toss My Memories in the Trash-A Step-by-Step Guide to Helping Seniors Downsize, Organize, and Move is great guide for you because the content which can be full of information for you who also always deal with world and have to make decision every minute. This particular book reveal it facts accurately using great manage word or we can claim no rambling sentences inside it. So if you are read this hurriedly you can have whole facts in it. Doesn't mean it only offers you straight forward sentences but challenging core information with lovely delivering sentences. Having Don't Toss My Memories in the Trash-A Step-by-Step Guide to Helping Seniors Downsize, Organize, and Move in your hand like getting the world in your arm, data in it is not ridiculous a single. We can say that no reserve that offer you world in ten or fifteen second right but this reserve already do that. So , this can be good reading book. Heya Mr. and Mrs. active do you still doubt that will?

#### **Roger Thomas:**

In this era which is the greater man or who has ability in doing something more are more important than other. Do you want to become considered one of it? It is just simple way to have that. What you are related is just spending your time little but quite enough to have a look at some books. One of many books in the top checklist in your reading list is actually Don't Toss My Memories in the Trash-A Step-by-Step Guide to Helping Seniors Downsize, Organize, and Move. This book that is certainly qualified as The Hungry Inclines can get you closer in becoming precious person. By looking way up and review this book you can get many advantages.

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