



Addicted to Busy: Recovery for the Rushed Soul

By Brady Boyd

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But God never meant for us to be so busy. God desires for us to have rest and peace. Brady Boyd shows you how to live a life that embraces stillness and solitude, so you can find the peace that God wants for you.

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Editorial Review

About the Author

Brady Boyd is senior pastor of 10,000-member New Life Church in Colorado Springs, Colorado, and author of *Fear No Evil* and *Sons and Daughters*. He is a contributor for ChurchLeaders.com and *The Huffington Post*. He is married to his college sweetheart, Pam, and has two teenage children, Abram and Callie.

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