



# Shapeshifting: Shamanic Techniques for Global and Personal Transformation

By John Perkins

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### After 'Hit Man'

The New York Times bestseller *Confessions of an Economic Hit Man* documents John Perkins' extraordinary career as a globe-trotting economic hit man. Perkins' insider's view leads him to crisis of conscience--to the realization that he must devote himself to work which will foster a world-wide awareness of the sanctity of indigenous peoples, their cultures, and their environments. Perkins' books demonstrate how the age-old shamanic techniques of some of the world's most primitive peoples have sparked a revolution in modern concepts about healing, the subconscious, and the powers each of us has to alter individual and communal reality.

Many indigenous cultures practice shapeshifting. Native American hunters take on the spirit of their prey to ensure a successful hunt; Asian medicine men "ingest" a sickness to heal the one afflicted; Amazon warriors become jaguars to soundlessly travel the jungle. Those who shapeshift understand that all of life is energy and that by focusing your intent you can change energetic patterns, rendering a new form. Shapeshifting can occur on three levels: cellular--transforming from human to plant or animal; personal--becoming a new self or leaving an addiction behind; and institutional--creating a new business or cultural identity.

Since 1968, master shamans in Africa, Asia, the Middle East, and the Americas have been training John Perkins to teach the industrial world about the powerful techniques involved in shapeshifting. His groundbreaking book takes you to deserts and jungles, mountains and oceans, medical research centers and corporate board rooms to learn the step-by-step methods of this practice that integrates ancient and modern techniques to bring about profound healing.

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### Editorial Review

#### Review

"*Shapeshifting* is an engaging saga of one individual's transformation from global businessman to on-the-ground conservationist and healer." (*Michael Balick, Ph.D., author of Plants, People and Culture*)

"John Perkins eloquently portrays how changing our dream can propel us into shapeshifting not only ourselves but also the reality of the world around us. Perkins is a bridge." (*Kenny Ausubel, Founder, Collective Heritage Institute, author of Restoring the Earth and Seeds of Change*)

"His groundbreaking book takes you to deserts and jungles, mountains and oceans, medical research centers and corporate board rooms to learn the step-by-step methods of this practice that integrates ancient and modern techniques to bring about profound healing." (*Branches of Light, October 2012*)

"John's wonderful storytelling creates a journey so captivating it shifted me beyond time and space--a compelling book for anyone." (*Stephan Rechtschaffen, M.D., President, Omega Institute, author of Time Shifting*)

"Only a handful of visionaries have recognized that indigenous wisdom can aid the transition to a sustainable world. John Perkins' wonderful story of life among the shamans brings great insight for an industrial civilization consuming and polluting itself toward catastrophe." (*Edgar Mitchell, ScD., Apollo astronaut, founder of the Institute of Noetic Sciences, and author of R*)

#### From the Back Cover

#### SELF-TRANSFORMATION

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--Edgar Mitchell, Sc.D., Apollo astronaut, founder of the Institute of Noetic Sciences, and author of *Raising Lazarus* and *The Way of the Explorer*

"Shapeshifting is an engaging saga of one individual's transformation from global businessman to on-the-ground conservationist and healer."

--Michael Balick, Ph.D., author of *Plants, People, and Culture*

"John Perkins's wondrous storytelling creates a journey so captivating that it shifted me beyond time and space. A compelling book for anyone!"

--Stephan Rechtschaffen, M.D., cofounder of the Omega Institute and author of *Time Shifting*

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JOHN PERKINS is the author of the bestselling *Confessions of an Economic Hit Man. Shapeshifting* and his other books follow his life and adventures after *Hit Man*. John has applied shapeshifting techniques to his successful career as a management consultant, president of a U.S. energy company, and as founder of The Dream Change Coalition, an organization that inspires executives to clean up pollution, reshape corporate goals, and form Earth-honoring partnerships with indigenous cultures. He is also the author of *The Stress-Free Habit, Psychonavigation, and The World Is As You Dream It*.

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