



# Pharmacotherapeutics for Advanced Practice: A Practical Approach

By Virginia Poole Arcangelo, Andrew M. Peterson, Veronica Wilbur, Jennifer A. Reinhold

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Be ready to prescribe and administer drugs safely and effectively—and grasp all the vitals of pharmacology—with the fully updated *Pharmacotherapeutics for Advanced Practice*, 4th edition.

Written by pharmacology nursing experts, this easy-to-read text offers proven frameworks for treating more than 50 common diseases and disorders. Learn how to identify disorders, review possible therapies, then prescribe and monitor drug treatment, accurately. Based on current evidence and real-life patient scenarios, this is the perfect pharmacology learning guide and on-the-spot clinical resource.

Absorb the key principles and practical methods for accurate prescribing and monitoring, with . . .

NEW chapter on Parkinson's disease, osteoarthritis, and rheumatoid arthritis  
NEW and updated therapies, and updated and additional case studies, with sample questions

NEW content on the impacts of the Affordable Care Act

Updated chapters on complementary and alternative medicine (CAM) and pharmacogenomics

Updated evidence-based algorithms and drug tables – Listing uses, mechanisms, adverse effects, drug interactions, contraindications, and monitoring parameters, organized by drug class; quick access to generic and trade names and dosages

Quick-scan format organizes information by body system

Chapter features include:

Brief overview – Pathophysiology of each disorder, and relevant classes of drugs

Monitoring Patient Response section – What to monitor, and when

Patient Education section – Includes information on CAM for each disorder

Drug Overview tables – Usual dose, contraindications and side effects, and special considerations

Algorithms – Visual cues on how to approach treatment

Updated Recommended Order of Treatment tables – First-, second- and third-line

drug therapies for each disorder

Answers to Case Study Questions for each disorder – Strengthens critical thinking skills

Selecting the Most Appropriate Agent section – The thought process for choosing an initial drug therapy

Principles of Therapeutics unit – Avoiding medication errors; pharmacokinetics and pharmacodynamics; impact of drug interactions and adverse events; principles of pharmacotherapy for pediatrics, pregnancy/lactation, and geriatrics

Disorders units – Pharmacotherapy for disorders in various body systems

Pharmacotherapy in Health Promotion unit – Smoking cessation, immunizations, weight management

Women's Health unit – Including contraception, menopause, and osteoporosis

Integrative Approach to Patient Care unit – Issues to consider when presented with more than one diagnosis

Standard pharmacotherapeutics text for nurse practitioners, students, and physician assistants

Ancillaries – Case Study answers, multiple choice questions and answers for every chapter, PowerPoints, Acronyms List

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### **Editorial Review**

#### About the Author

Virginia Poole Arcangelo, PhD is a retired Family Nurse Practitioner who has taught and practiced at Thomas Jefferson University, and in private practices.

Andrew M. Peterson, PharmD, PhD, FCPP, has worked in the pharmaceutical field for more than 25 years. He is John Wyeth Dean Professor of Clinical Pharmacy and Professor of Health Policy at University of the Sciences in Philadelphia.

Veronica Wilber, PhD, APRN-FNP, CNE, FAANP, is an Assistant Professor in the Graduate Nursing program at West Chester University in West Chester, Pennsylvania.

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