



## Nightingale: A Memoir of Murder, Madness, and the Messenger of Spring

By Suzanne Congdon LeRoy

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### **Nightingale: A Memoir of Murder, Madness, and the Messenger of Spring**

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*Nightingale* is an eloquent and inspiring tribute to the legacy of Elisabeth Mannering Congdon, the extraordinary woman who was so much more than the last day of her life. Entrusted with the burdens and joys of memory, Elisabeth's eldest granddaughter, Suzanne Congdon LeRoy, combines lived experience with meticulous historical research as she courageously reveals a family legacy of love, inconceivable loss, and perseverance. Elisabeth Congdon emerges not as heiress or victim but as the messenger of spring and the key to her granddaughter's survival. Elisabeth's early efforts to nurture a foundation of hope, optimism, and the power of possibility lead Suzanne to advanced education, a remarkable nursing career and the discovery of the ineffable relationship between healing oneself, service to others, and the connection to the spirit and beauty of the earth that makes her whole again. *Nightingale* is a book of rare power, beauty, and hope. All proceeds, after taxes, are used to support health and human rights initiatives for women and girls with an emphasis on education, reproductive health, and violence prevention. ([suzannecongdonleroy.com](http://suzannecongdonleroy.com))

"This powerful memoir tells the story of a young girl whose beloved grandmother provided security in the midst of an otherwise unpredictable and sometimes violent family. Many children in such circumstances would lose hope, but the author transformed her anxiety into passion for making the world a safer place for children and vulnerable adults. The book also provides a rich source of information for those interested in the history of notable Minnesota families. The writing is compelling and worth taking to heart."

--Harold D. Grotevant, Ph.D.  
Rudd Family Foundation Chair and Professor of  
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University of Massachusetts Amherst

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### **Editorial Review**

#### About the Author

Suzanne Congdon LeRoy has been a nurse practitioner for over 30 years with specialty certifications in Women's Health, Family Practice, and advanced practice HIV/AIDS. Suzanne earned a Bachelors, Masters, and Ph.D. in Nursing at the University of Minnesota, and she completed post-graduate and executive education at the University of St. Thomas and Harvard Kennedy School. She is a member of the Woman's Club of Minneapolis and YouthLink Foundation Builders. In her spare time she enjoys hiking, canoeing, cross-country skiing, and a life long interest in adventure travel, global cultures, art history and architecture. *Nightingale* is her first book. All proceeds, after taxes, are used to support health and human rights initiatives that benefit women and girls with an emphasis on education, reproductive health, and violence prevention.

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#### **Theodore Mullis:**

This *Nightingale: A Memoir of Murder, Madness, and the Messenger of Spring* is brand new way for you who has attention to look for some information as it relief your hunger details. Getting deeper you in it

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