



Is Your House Making You Sick? A Beginner's Guide to Toxic Mold

By Andrea Fabry

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Are you curious about the hype over toxic mold? Have you experienced a mold exposure and are unsure of your next step? Are people telling you mold is everywhere and it's no big deal? Are you afraid your indoor environment may be negatively affecting your health?

Andrea Fabry, former journalist, certified Building Biology Practitioner, and mother of nine, has a passion to empower people to ask good questions and seek answers. In 2008, undetected water damage created a toxic mold crisis that cost her family their home and their health. Andrea has seen the impact toxic mold can have on children and adults alike. She understands the confusion, myths, and lack of information surrounding toxic mold.

In this eye-opening resource, you'll hear more about Andrea's story and benefit from her years of research as she shares principles for identifying and remediating toxic mold, effective mold testing methods, the symptoms of mold exposure, health recovery strategies, and much more.

Is Your House Making You Sick? A Beginner's Guide to Toxic Mold offers hope and help for homeowners, tenants, landlords, and anyone concerned about indoor air quality and its effect on human health.

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Editorial Review

About the Author

Andrea Fabry is a former journalist, a certified Building Biology Practitioner, and the mother of nine children. She is the founder of momsAWARE, an organization designed to raise awareness about environmental issues, as well as the owner of Just So Natural Products and author of the blog It Takes Time. Andrea's road to awareness began in 2008 when a serious toxic mold exposure compromised her family's health. Since then she has found a great passion for the subject of healthy living, especially in understanding the connection between indoor environments and health. Andrea currently resides in Vail, Arizona, with her writer/radio host husband, Chris, and four of their children.

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