



Diabetic Slow Cooker (Diabetic Living)

By *Diabetic Living* Editors

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Easy, comforting slow cooker recipes from the experts at *Diabetic Living*

Diabetic Living magazine is the most trusted source of information on nutrition and wellbeing for diabetics. In this new collection, the editors of the magazine present 150 flavorful, no-fuss recipes for the slow cooker. Every one of these recipes combines delicious flavors with healthy amounts of calories, carbs, and sodium.

These comforting meals cover almost any occasion, from party foods to pastas, and even hot sandwiches like a Classic French dip. Full nutrition information for each one makes sure you're getting the kind of nutrition you need, while an introductory section includes helpful advice and tips on getting the most out of your slow cooker.

- Features 150 recipes with a beautiful full-color photograph of each
- Includes chapters on main dishes; soups, stews, and chilies; party foods; desserts; and more
- Saves time and money with a special *“Cook Once, Eat Thrice”* chapter that lets you prepare something good you can use in three deliciously different meals

For simple, no-mess recipes that let you enjoy mouthwatering meals while managing your diabetes, look no further than this one-of-a-kind cookbook.

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Editorial Review

From the Back Cover

Deliciously simple **diabetes-friendly** slow cooker recipes!

Easy, delicious, and diabetes-friendly? You bet! Let your slow cooker do the work and enjoy comforting meals that are sure to please everyone at the table. More than 150 mouthwatering recipes include potluck-perfect appetizers, satisfying main dishes, sandwiches, soups and stews, sides, and splurge-worthy desserts, each with a beautiful full-color photograph and complete nutrition information. And every recipe combines fantastic flavor and wholesome ingredients with smart amounts of carbs, calories, and sodium, so they'll fit smoothly into your eating plan.

You'll also find

- Full nutritional information, with highlighted carb counts and dietary exchanges accompanying each recipe
- Special chapters on big-batch cooking, just-for-two dinners, and extra slow-simmered recipes for those long days away
- Helpful pointers on lightening up slow-cooked recipes
- Time-saving tricks, ingredient info, and side dish suggestions throughout

About the Author

Diabetic Living® is the number one lifestyle magazine for people living with diabetes, written and reviewed by experts in diabetes management, as well as people living with diabetes. Visit DiabeticLivingOnline.com for more helpful tips and delicious recipes.

Users Review

From reader reviews:

Chester Hassel:

As people who live in typically the modest era should be update about what going on or details even knowledge to make them keep up with the era and that is always change and move ahead. Some of you maybe may update themselves by looking at books. It is a good choice in your case but the problems coming to an individual is you don't know which one you should start with. This Diabetic Slow Cooker (Diabetic Living) is our recommendation to help you keep up with the world. Why, because this book serves what you want and wish in this era.

Donald Fujita:

Your reading 6th sense will not betray you actually, why because this Diabetic Slow Cooker (Diabetic

Living) reserve written by well-known writer we are excited for well how to make book which can be understand by anyone who read the book. Written with good manner for you, leaking every ideas and publishing skill only for eliminate your current hunger then you still question Diabetic Slow Cooker (Diabetic Living) as good book not only by the cover but also by the content. This is one e-book that can break don't judge book by its cover, so do you still needing one more sixth sense to pick this particular!?! Oh come on your studying sixth sense already told you so why you have to listening to another sixth sense.

Joseph Mack:

This Diabetic Slow Cooker (Diabetic Living) is great reserve for you because the content and that is full of information for you who also always deal with world and possess to make decision every minute. This specific book reveal it information accurately using great arrange word or we can say no rambling sentences in it. So if you are read the idea hurriedly you can have whole information in it. Doesn't mean it only gives you straight forward sentences but tough core information with splendid delivering sentences. Having Diabetic Slow Cooker (Diabetic Living) in your hand like having the world in your arm, data in it is not ridiculous one. We can say that no publication that offer you world inside ten or fifteen second right but this book already do that. So , it is good reading book. Hey Mr. and Mrs. active do you still doubt this?

Shannon Thomas:

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