



A Moving Child Is a Learning Child: How the Body Teaches the Brain to Think (Birth to Age 7)

By Gill Connell, Cheryl McCarthy

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In order to learn, kids' need to move! Grounded in best practices and current research, this hands-on resource connects the dots that link brain activity, movement, and early learning. The expert authors unveil the **Kinetic Scale**: a visual map of the active learning needs of infants, toddlers, preschoolers, and primary graders that fits each child's individual timetable.

Teachers, parents, and caregivers will find a wealth of information, actionable tips, and games they can use to support children's healthy development—all presented in a **lively, full-color** format with demonstrative diagrams and photos. A final section offers easy-to-implement activities geared to the Kinetic Scale.

Downloadable digital content includes printable charts, games, and activities from the book plus a PowerPoint presentation for professional development, parent handouts, and bonus activities. An ideal tool for coaches, mentors, and trainers. Introducing the Kinetic Scale

- unique framework encompassing all the elements of movement: reflexes, sensory tools (sight, hearing, smell, taste, touch, balance, and intuition), motor tools (power, coordination, and control), and language
- based on six stages of movement development from birth to age 7: snugglers, squigglers, stompers, scampers, scooters, and skeddaddlers
- designed to foster a balanced diet of physical activity that helps each child move, grow, and learn on the child's individual timetable

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- Sales Rank: #499014 in eBooks
- Published on: 2014-08-10
- Released on: 2014-08-10
- Format: Kindle eBook

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Editorial Review

Review

“Everyone knows that a healthy diet is important for a growing child, but did you know that physical activity is absolutely essential for brain development? Many don’t, but Gill Connell and Cheryl McCarthy aim to fix that with *A Moving Child Is a Learning Child* . . . With a wealth of information and a plethora of ideas for implementation, this book is a must-read for parents as well as anyone working with young children.”—*San Francisco Book Review*

“*A Moving Child Is a Learning Child* interprets developmental movements and translates them into their correlating larger skill sets on the path to language, reading, writing, and being a healthy, social child . . . A brilliant read with beautiful photographs, diagrams, and layout.”—Heidi Echternacht, kindergarten teacher and founder of #KinderChat

“This groundbreaking book introduces a tool that supports the full, natural development of movement and learning in young children, enabling teachers, parents, and caregivers to facilitate learning through active play while respecting each child’s individual needs.”—Darell Hammond, founder and CEO of KaBOOM!

“This valuable research demonstrates that the way children learn best is through interaction and movement . . . [*A Moving Child Is a Learning Child*] helps adults understand why children don’t sit still, run, jump, skip and fidget . . . and why it is so critically important to their brain development and learning!”—Deborah McNelis, acclaimed author of The Brain Development Series and founder of Brain Insights

“Gill Connell and Cheryl McCarthy, two highly respected leaders in their fields, have produced a timely book that makes a significant contribution to our understanding of why movement is so vital in young children’s development and learning. This exceptionally informative book will appeal to and be highly useful for parents/caregivers and anyone who works with or has infants, toddlers, and young children.”—Cheryl Greenfield, M.Ed. (Hons), Manukau Institute of Technology in Auckland, New Zealand

About the Author

Gill Connell is a globally recognized presenter and child development authority, specializing in the foundations of learning through movement and play. She provides developmental expertise to parents, preschools, schools, and companies such as Hasbro, Inc., based on her more than 30 years in preschool and primary education. She is the national director and founder of Moving Smart, Ltd. (movingsmart.co.nz), which offers resources, tools, trainings, and workshops. She coauthored the book *Moving to Learn: An Essential Guide for All Parents, Carers and Educators*. Gill lives in Christchurch, New Zealand, and travels regularly to the United States.

Cheryl McCarthy is a former vice president of intellectual property development for Hasbro, Inc. She is a 30-year veteran of the world of children's play, specializing in young children's storytelling and entertainment. As executive producer, she managed the creative development of properties such as My Little Pony, Candy Land, Mr. Potato Head, and many other beloved children's icons. Cheryl lives in Attleboro, Massachusetts.

Users Review

From reader reviews:

Carlo Young:

Now a day folks who Living in the era where everything reachable by connect to the internet and the resources inside can be true or not need people to be aware of each data they get. How many people to be smart in receiving any information nowadays? Of course the correct answer is reading a book. Reading through a book can help persons out of this uncertainty Information mainly this A Moving Child Is a Learning Child: How the Body Teaches the Brain to Think (Birth to Age 7) book since this book offers you rich info and knowledge. Of course the knowledge in this book hundred per-cent guarantees there is no doubt in it you know.

Ettie Hardcastle:

The book A Moving Child Is a Learning Child: How the Body Teaches the Brain to Think (Birth to Age 7) will bring that you the new experience of reading a new book. The author style to spell out the idea is very unique. When you try to find new book to learn, this book very suitable to you. The book A Moving Child Is a Learning Child: How the Body Teaches the Brain to Think (Birth to Age 7) is much recommended to you to study. You can also get the e-book from your official web site, so you can quickly to read the book.

Joyce Shryock:

What is your hobby? Have you heard this question when you got scholars? We believe that that concern was given by teacher to their students. Many kinds of hobby, Every person has different hobby. Therefore you know that little person such as reading or as reading through become their hobby. You need to understand that reading is very important and book as to be the thing. Book is important thing to include you knowledge, except your own teacher or lecturer. You discover good news or update with regards to something by book. Numerous books that can you decide to try be your object. One of them is actually A Moving Child Is a Learning Child: How the Body Teaches the Brain to Think (Birth to Age 7).

Kyle Reese:

Some individuals said that they feel weary when they reading a reserve. They are directly felt that when they get a half parts of the book. You can choose typically the book A Moving Child Is a Learning Child: How the Body Teaches the Brain to Think (Birth to Age 7) to make your personal reading is interesting. Your own skill of reading proficiency is developing when you including reading. Try to choose simple book to make you enjoy to study it and mingle the sensation about book and looking at especially. It is to be 1st opinion for

you to like to available a book and examine it. Beside that the reserve A Moving Child Is a Learning Child: How the Body Teaches the Brain to Think (Birth to Age 7) can to be your brand-new friend when you're sense alone and confuse in what must you're doing of this time.

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