



## 111 One-Minute Monologues (Ultimate Monologue Book for Middle School Actors)

By Kristen Dabrowski

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### Editorial Review

From School Library Journal

Grade 9 Up—Organized into sections for male and female actors, this book includes one-page monologues that get right into the action. All are clear, engaging, and written in teen-friendly language that rings true. Dramatic plots include being grounded, gang violence, death of a loved one, dating, sex, and the meaning of life. Comedic topics range from body image, premenstrual syndrome, dating, and sex to the meaning of life. Dabrowski explains in her introduction that the monologues stand alone as solo pieces, but because the topics are so similar, they could also work well together as a showcase. The content and language may make some of the pieces unsuitable for school use. Nevertheless, students will enjoy performing them and high schools with large drama programs will want to purchase this title for their budding actors.—*Sonja Cole, Briarcliff Middle School, Mountain Lakes, NJ*

From [Booklist](#)

Gr. 9-12. In the introduction to her latest collection of monologues, Dabrowski tells teens that monologues should be "immediate, active, and fun." All 111 monologues here easily match that description: they are short, concern topics of interest to teens, offer opportunities to demonstrate various teenage emotions, and will be fun to perform. There are 55 for men and 56 for women. Humorous pieces, ranging from bittersweet to silly, cover "fluffy" topics such as clothes, dating advice, prom, hair, French class, and driving lessons. Dramatic monologues concern timely topics such as teenage sex, eating disorders, child abuse, foster care, coming out, family relationships, bullying, and racial issues. The sophisticated nature of some topics and the occasional use of casually crude teen vernacular may make some selections more appropriate for community theater than for school performances. *Chris Sherman*  
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About the Author

KRISTEN DABROWSKI is an actress, writer, acting teacher, and director residing in New York City. She received her MFA in Performance from The Oxford School of Drama in Oxford, England. Kristen was once quiet and shy before discovering her inner diva through acting.

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**John Judge:**

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