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By Neil Clark Warren

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Do you ever struggle with anger? You can suppress it, deny it, let it control you, or you can *Make Anger Your Ally*. Written by popular author and clinical psychologist Neil Clark Warren, it reveals how to make anger work FOR you rather than AGAINST you. In its 53 quick-reading chapters, this paperback reveals how to master anger and transform its energy into a dynamic force for positive living. Not only does the book examine the ways people commonly mismanage and misunderstand anger, but it also provides a practical and biblical “training manual” on how to successfully make anger your ally.

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Editorial Review

About the Author

As one of America's best-known relational psychologists, Dr. Warren earned his Master of Divinity from Princeton Theological Seminary and his Ph.D. in clinical psychology from the University of Chicago. His first book, *Make Anger Your Ally*, was heralded a "must read" by Time magazine, and his best-selling *Finding the Love of Your Life* won a Gold Medallion. *Learning to Live with the Love of Your Life*, and *Loving It* was selected by USA Today as an outstanding contribution to the field of marriage. His most recent books are *God Said It, Don't Sweat It* and *How to Know if Someone Is Worth Pursuing in Two Dates or Less*. He and his wife, Kay, live in southern CA, and have three grown daughters.

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