



The SAGE Handbook of Health Psychology

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The SAGE Handbook of Health Psychology represents a landmark work in the field, gathering together in a single volume contributions from an internationally renowned group of scholars. It provides a definitive, one-stop, authoritative guide to the major themes and debates in health psychology, both past and present, and should in time become a classic reference work for a wide, international readership.

Its coverage is comprehensive, both traditional and innovative, and reflects the latest in global health psychology research from a wide perspective. This includes the latest work in epidemiology of health and illness, health-related cognitions, chronic illness, interventions in changing health behaviour, research methods in health psychology and biological mechanisms of health and disease. As a result its potential as an authoritative entry point to those new to the discipline as well as those already working inside it is very high. Given its breadth of content and accessibility, the **Handbook** will be indispensable for advanced students as well as researchers.

Expertly organized by editors of international stature, and authored by a similar team of luminaries in the field, this single volume **Handbook** is an essential purchase for individuals and librarians worldwide.

Advisory Editors:

Professor Karen Matthews PhD

University of Pittsburgh School of Medicine

Prof. Dr. Ralf Schwarzer

Freie Universität Berlin

Professor Shelley Taylor PhD

UCLA

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Editorial Review

Review

"With its refreshing reliance on contributors from outside the US, this handbook offers a more global perspective than most. It also provides more intensive discussion of issues and research than is found in current introductory textbooks. Most of the contributors fill in significant gaps in the research literature on health psychology, making this book especially valuable for those seeking thesis or dissertation topics. . . . Readers will find this handbook both intellectually stimulating and useful." (M.K. Snooks *CHOICE* 2005-07-01)

About the Author

Stephen Sutton is Professor of Behavioural Science in the Institute of Public Health, University of Cambridge, and Director of Research and Head of the Behavioural Science Group in the General Practice & Primary Care Research Unit. He is also Visiting Professor of Psychology at the University of Bergen, Norway, and Visiting Professor of Social/Health Psychology at University College London. He studied social psychology at the London School of Economics and computer science at City University. He received his PhD from the University of London in 1981 for research on the effects of fear appeals. Before moving to Cambridge in 2001, he held posts at the Institute of Psychiatry and University College London. His research programme focuses on the development and evaluation of theory-based behaviour change interventions for smoking cessation, physical activity and medication adherence, using both face-to-face and 'distance' approaches such as electronic monitoring and feedback and tailored text messaging.

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Heather Jones:

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