



The Art of Sexual Ecstasy: The Path of Sacred Sexuality for Western Lovers

By Margot Anand, M. E. Naslednikov

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This landmark book on human sexuality makes the sacred lovemaking techniques of the East fully comprehensible to Western readers. Elegantly illustrated, it helps the reader acquire new attitudes and broaden his or her range of experience, to revitalize and strengthen relationships.

This book opens the way to a new stage of fulfillment and bliss, making the sacred lovemaking techniques of the east available to western readers and extending sensual experience for everyone.

"The most comprehensive and clearly written work on contemporary Tantric sex. An exceptional detailed program for both the beginner and the advanced practitioner."

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Editorial Review

Review

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"If more women and men practiced the rituals in **THE ART OF SEXUAL ECSTASY**, pairbonding could be transformed into erotic coupling, with our sexuality and spirituality being one."

—**Betty Dodson, *Sex for One: The Joy of Selfloving***

About the Author

MARGO ANAND is an internationally acclaimed authority on Tantra, best-selling author, and much-beloved teacher and founder of SkyDancing Tantra®. Margot's books, videos, CDs and DVDs are widely regarded as the seminal teachings for integrating spirituality and sexuality and for cultivating the art of ecstatic living. Her popular books are available in numerous languages, and include *The Art of Sexual Ecstasy* and *The Art of Sexual Magic*.

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