



Rethink: Growth and Learning through Coaching and Organisational Development

By Natalie Cunningham

Download now

Read Online 

Rethink: Growth and Learning through Coaching and Organisational Development By Natalie Cunningham

The aim of this book is to be a bridge between a practical how to book and academic rigour, so that the reader can walk away with some techniques and applications equally grounded in academic research. The bias has been that in order to understand the applications, it is important to understand the philosophy and thinking that underpins the theory. This bias might be that many of the authors have close links to academia having recently completed research or alternatively working in a University setting or perhaps it is just a learning preference.

Each chapter to some extent provides the following information (with the exception of the first chapter which provides context):

- Why the approach is useful?;
 - The history of the approach as well as the philosophical underpinnings - providing the Raison d'être – the reason why this process or theory exists;
 - Characteristics of the theory are explained and techniques shared.
 - Case studies or practical examples are used to illustrate the theoretical concepts.
- Each chapter is written with the unique voice of the contributing author.

•
Chapter One is on Positive Psychology and is written by Lynda Gouveia. It is about provoking thought in leaders, Organisational Development practitioners and coaches so that they can explore how to embed a positive psychology coaching process into their workplace interactions.

•
Chapter Two is written by Eileen Thayser and leads us through Narrative Approaches focusing on Narrative Coaching.

•
Chapter Three is written by Chantelle Wyley in collaboration with her associates is on The Gestalt approach to Organisational Development and Change. The approach focusses on heightening awareness in clients (individuals, teams, whole organisations), and supporting the client's choice to hence work differently.

•
Chapter four is written by Natalie Cunningham on Neuroscience and the link to

leadership; it is about understanding how the brain works so that we can facilitate change in behaviour individually and collectively (in groups and organisations) fully aware of the enablers and equally of the constraints of brain functioning.

-

Chapter Five is written by Alison Reid on Learning in Social System and focusses on re-thinking the fulcrum of learning/coaching.

-

Chapter six is written by Tanya Stevens on Integral Theory. She describes Integral theory as an overarching theory which integrates all and is quite useful to read at the end as you will be able to see how the approaches all fit into the Integral model and framework.

About the Author

Natalie Cunningham is currently a Professional Associate of GIBS. She also runs her own consultancy – Origo – specialising in Leadership Development, Organisational Development and People Development. During 2013, she worked with Knowledge Resources to conduct a Leadership Development Survey of 150 companies/organisations in South Africa and their Leadership Development Practices.

Natalie was previously Director of the Leadership Development Centre at Wits Business School. She developed and designed the curriculum for a Masters in Management in Business and Executive Coaching. Furthermore, she set up a Coaching Supervision Certificate and Business Executive Coaching Certificate. Natalie also headed up all the coaching in support of Leadership Development Programmes at Wits. She holds a BA (SW) Hons and an MBA from Wits. She is currently conducting her PhD research on “Developing theory on the coaching process based on the lived coaching experiences of executives”.

 [Download Rethink: Growth and Learning through Coaching and ...pdf](#)

 [Read Online Rethink: Growth and Learning through Coaching an ...pdf](#)

Rethink: Growth and Learning through Coaching and Organisational Development

By Natalie Cunningham

Rethink: Growth and Learning through Coaching and Organisational Development By Natalie Cunningham

The aim of this book is to be a bridge between a practical how to book and academic rigour, so that the reader can walk away with some techniques and applications equally grounded in academic research. The bias has been that in order to understand the applications, it is important to understand the philosophy and thinking that underpins the theory. This bias might be that many of the authors have close links to academia having recently completed research or alternatively working in a University setting or perhaps it is just a learning preference.

Each chapter to some extent provides the following information (with the exception of the first chapter which provides context):

- Why the approach is useful?;
- The history of the approach as well as the philosophical underpinnings - providing the Raison d'être – the reason why this process or theory exists;
- Characteristics of the theory are explained and techniques shared.
- Case studies or practical examples are used to illustrate the theoretical concepts.

Each chapter is written with the unique voice of the contributing author.

•

Chapter One is on Positive Psychology and is written by Lynda Gouveia. It is about provoking thought in leaders, Organisational Development practitioners and coaches so that they can explore how to embed a positive psychology coaching process into their workplace interactions.

•

Chapter Two is written by Eileen Thayser and leads us through Narrative Approaches focusing on Narrative Coaching.

•

Chapter Three is written by Chantelle Wyley in collaboration with her associates is on The Gestalt approach to Organisational Development and Change. The approach focusses on heightening awareness in clients (individuals, teams, whole organisations), and supporting the client's choice to hence work differently.

•

Chapter four is written by Natalie Cunningham on Neuroscience and the link to leadership; it is about understanding how the brain works so that we can facilitate change in behaviour individually and collectively (in groups and organisations) fully aware of the enablers and equally of the constraints of brain functioning.

•

Chapter Five is written by Alison Reid on Learning in Social System and focusses on re-thinking the fulcrum of learning/coaching.

•

Chapter six is written by Tanya Stevens on Integral Theory. She describes Integral theory as an overarching theory which integrates all and is quite useful to read at the end as you will be able to see how the approaches all fit into the Integral model and framework.

About the Author

Natalie Cunningham is currently a Professional Associate of GIBS. She also runs her own consultancy – Origo – specialising in Leadership Development, Organisational Development and People Development. During 2013, she worked with Knowledge Resources to conduct a Leadership Development Survey of 150 companies/organisations in South Africa and their Leadership Development Practices.

Natalie was previously Director of the Leadership Development Centre at Wits Business School. She developed and designed the curriculum for a Masters in Management in Business and Executive Coaching. Furthermore, she set up a Coaching Supervision Certificate and Business Executive Coaching Certificate. Natalie also headed up all the coaching in support of Leadership Development Programmes at Wits. She holds a BA (SW) Hons and an MBA from Wits. She is currently conducting her PhD research on “Developing theory on the coaching process based on the lived coaching experiences of executives”.

Rethink: Growth and Learning through Coaching and Organisational Development By Natalie Cunningham Bibliography

- Sales Rank: #2198151 in eBooks
- Published on: 2014-11-24
- Released on: 2014-11-24
- Format: Kindle eBook

 [Download Rethink: Growth and Learning through Coaching and ...pdf](#)

 [Read Online Rethink: Growth and Learning through Coaching an ...pdf](#)

Download and Read Free Online Rethink: Growth and Learning through Coaching and Organisational Development By Natalie Cunningham

Editorial Review

Users Review

From reader reviews:

Luz Davis:

The feeling that you get from Rethink: Growth and Learning through Coaching and Organisational Development is the more deep you digging the information that hide inside the words the more you get considering reading it. It doesn't mean that this book is hard to recognise but Rethink: Growth and Learning through Coaching and Organisational Development giving you excitement feeling of reading. The article writer conveys their point in specific way that can be understood simply by anyone who read this because the author of this reserve is well-known enough. This specific book also makes your current vocabulary increase well. Therefore it is easy to understand then can go along, both in printed or e-book style are available. We advise you for having this specific Rethink: Growth and Learning through Coaching and Organisational Development instantly.

Greta Rivera:

This Rethink: Growth and Learning through Coaching and Organisational Development are generally reliable for you who want to certainly be a successful person, why. The key reason why of this Rethink: Growth and Learning through Coaching and Organisational Development can be one of several great books you must have is giving you more than just simple reading food but feed a person with information that possibly will shock your earlier knowledge. This book is handy, you can bring it just about everywhere and whenever your conditions both in e-book and printed people. Beside that this Rethink: Growth and Learning through Coaching and Organisational Development forcing you to have an enormous of experience for example rich vocabulary, giving you trial run of critical thinking that could it useful in your day activity. So , let's have it and revel in reading.

Margarito Rone:

The book untitled Rethink: Growth and Learning through Coaching and Organisational Development contain a lot of information on this. The writer explains her idea with easy means. The language is very simple to implement all the people, so do not necessarily worry, you can easy to read this. The book was authored by famous author. The author provides you in the new period of time of literary works. It is possible to read this book because you can keep reading your smart phone, or model, so you can read the book throughout anywhere and anytime. If you want to buy the e-book, you can wide open their official web-site and also order it. Have a nice examine.

Willa Killeen:

In this age globalization it is important to someone to find information. The information will make someone to understand the condition of the world. The healthiness of the world makes the information better to share. You can find a lot of references to get information example: internet, magazine, book, and soon. You can see that now, a lot of publisher which print many kinds of book. The particular book that recommended to your account is Rethink: Growth and Learning through Coaching and Organisational Development this guide consist a lot of the information of the condition of this world now. This specific book was represented how does the world has grown up. The dialect styles that writer use to explain it is easy to understand. The writer made some exploration when he makes this book. This is why this book appropriate all of you.

Download and Read Online Rethink: Growth and Learning through Coaching and Organisational Development By Natalie Cunningham #UODSCRAMHBX

Read Rethink: Growth and Learning through Coaching and Organisational Development By Natalie Cunningham for online ebook

Rethink: Growth and Learning through Coaching and Organisational Development By Natalie Cunningham Free PDF download, audio books, books to read, good books to read, cheap books, good books, online books, books online, book reviews epub, read books online, books to read online, online library, greatbooks to read, PDF best books to read, top books to read Rethink: Growth and Learning through Coaching and Organisational Development By Natalie Cunningham books to read online.

Online Rethink: Growth and Learning through Coaching and Organisational Development By Natalie Cunningham ebook PDF download

Rethink: Growth and Learning through Coaching and Organisational Development By Natalie Cunningham Doc

Rethink: Growth and Learning through Coaching and Organisational Development By Natalie Cunningham Mobipocket

Rethink: Growth and Learning through Coaching and Organisational Development By Natalie Cunningham EPub

UODSCRAMHBX: Rethink: Growth and Learning through Coaching and Organisational Development By Natalie Cunningham