

Fat Chance

By Nick Spalding



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Meet Zoe and Greg Milton, a married couple who have let themselves go a bit.

Zoe was a stunner in her college days, but the intervening decades have added five stone, and removed most of her self-esteem. Greg's rugby-playing days are well and truly behind him, thanks to countless pints of beer and chicken curry.

When Elise, a radio DJ and Zoe's best friend, tells them about a new competition, it seems like the perfect opportunity to turn their lives around. *Fat Chance* will pit six hefty couples against one another to see who can collectively lose the most weight and walk away with a £50,000 prize.

So begins six months of abject misery, tears, and frustration—that just might turn out to be the best thing that ever happened to them—in another laugh-out-loud look at the way we live now from bestselling author Nick Spalding.



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Fat Chance By Nick Spalding Bibliography

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Editorial Review

Review

- 'This novel delivers the laugh out loud moments that are Spalding's absolute hall mark with plenty of farcical situations which had me weeping with laughter.' —Ruth Saberton, bestselling author
- 'I would recommend this book highly, and I'm definitely going to be looking to read more of Mr. Spalding.'

 —Time Enough At Last
- 'A hilarious novel that'll make you laugh out loud. Even when you maybe feel you shouldn't.' —Matt Dunn, bestselling author
- 'Nick Spalding never fails to entertain me. His books have the uncanny knack of making you realise just how funny and ridiculous real life situations can be. With his latest literary offering, *Fat Chance*, we can see that he is just as on form as ever.' —lisatalksabout.com

About the Author

Nick Spalding is the bestselling author of six novels and two memoirs: *Life...With No Breaks* and *Life...On a High.* Nick worked in media and marketing for most of his life before turning his energy to his genrespanning writing. He lives in the south of England with his fiancée.

Users Review

From reader reviews:

Amanda Bell:

Now a day individuals who Living in the era where everything reachable by talk with the internet and the resources within it can be true or not demand people to be aware of each info they get. How many people to be smart in receiving any information nowadays? Of course the solution is reading a book. Looking at a book can help folks out of this uncertainty Information mainly this Fat Chance book because book offers you rich info and knowledge. Of course the data in this book hundred pct guarantees there is no doubt in it you know.

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