



Coping with Difficult People: The Proven-Effective Battle Plan That Has Helped Millions Deal with the Troublemakers in Their Lives at Home and at Work

By Robert M. Bramson Phd

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Bosses, friends, family members, they've made your life hell -- until now! Based on fourteen years of research and observation, Dr. Robert Bramson's proven-effective techniques are guaranteed to help you right the balance and take charge of your life. Learn how to:

Stand up to anyone -- without fighting.

Blunt a sniper's attack.

Get a clam to talk.

Cut off a Sherman tank at the pass.

Manage bulldozers.

Get stallers off the dime.

Move a complainer into a problem-solving mode.

Learn the six basic steps that allow you to cope with just about anyone. Reclaim the power the rightfully belongs to you in any relationship!

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- Rank: #94916 in eBooks
- Published on: 2012-11-21
- Released on: 2012-11-21
- Format: Kindle eBook

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Editorial Review

From the Publisher

We've encountered them: the bullies, the wet blankets, the yea-sayers that never come through. More often than not, we're left fumbling for words, stumbling toward the door...frustrated, enraged or just plain depressed. Dr. Robert M. Bramson, a psychologist and management consultant, will show you that it is possible to remain sane, dignified and optimistic when dealing with even the most Difficult People. With these lively, insightful dramatizations, you'll learn how to: Identify difficult types, from the too-good-to-be-true to the too-hot-to-handle, from the perennial gossip to the eternal clam. Master the step-by-step procedures that will neutralize any negative or hostile encounter. Understand your own style of thinking and how it affects your ability to deal effectively with each type. Maybe you can't turn "Gloomy Gus" into "Pollyanna" ...but with the help of Dr. Bramson, you'll prevent the difficult from becoming impossible---and end "relation frustrations" for good!

From the Inside Flap

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About the Author

Robert Bramson, PhD, is an internationally known consultant and author. He is a leading authority on the prevention and management of difficult and nonproductive behavior, and on methods for obtaining optimal performance from executives. A member of the American Psychological Association, the Author's Guild, and Certified Consultants International, his work has been featured in newspapers and magazines nationwide, notably *The New York Times*, *The Washington Post*, and *Time*.

Users Review

From reader reviews:

John Ashton:

This book untitled Coping with Difficult People: The Proven-Effective Battle Plan That Has Helped Millions Deal with the Troublemakers in Their Lives at Home and at Work to be one of several books that best seller in this year, that's because when you read this publication you can get a lot of benefit on it. You will easily to buy this book in the book retail store or you can order it through online. The publisher in this book sells the

e-book too. It makes you quickly to read this book, as you can read this book in your Smartphone. So there is no reason for your requirements to past this publication from your list.

Marie Clayton:

Reading can called thoughts hangout, why? Because while you are reading a book particularly book entitled Coping with Difficult People: The Proven-Effective Battle Plan That Has Helped Millions Deal with the Troublemakers in Their Lives at Home and at Work your thoughts will drift away trough every dimension, wandering in each and every aspect that maybe unknown for but surely might be your mind friends. Imaging each word written in a publication then become one contact form conclusion and explanation which maybe you never get previous to. The Coping with Difficult People: The Proven-Effective Battle Plan That Has Helped Millions Deal with the Troublemakers in Their Lives at Home and at Work giving you an additional experience more than blown away your head but also giving you useful info for your better life in this era. So now let us present to you the relaxing pattern this is your body and mind are going to be pleased when you are finished examining it, like winning a. Do you want to try this extraordinary investing spare time activity?

Sandra Passmore:

The book untitled Coping with Difficult People: The Proven-Effective Battle Plan That Has Helped Millions Deal with the Troublemakers in Their Lives at Home and at Work contain a lot of information on that. The writer explains your girlfriend idea with easy way. The language is very simple to implement all the people, so do not necessarily worry, you can easy to read it. The book was compiled by famous author. The author gives you in the new time of literary works. You can easily read this book because you can continue reading your smart phone, or device, so you can read the book within anywhere and anytime. In a situation you wish to purchase the e-book, you can open up their official web-site in addition to order it. Have a nice go through.

Ella Carlson:

With this era which is the greater man or woman or who has ability in doing something more are more precious than other. Do you want to become considered one of it? It is just simple solution to have that. What you should do is just spending your time almost no but quite enough to possess a look at some books. One of several books in the top list in your reading list will be Coping with Difficult People: The Proven-Effective Battle Plan That Has Helped Millions Deal with the Troublemakers in Their Lives at Home and at Work. This book which can be qualified as The Hungry Slopes can get you closer in turning out to be precious person. By looking upward and review this guide you can get many advantages.

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